

EXTRATERRESTRIAL LIFE: HOW WOULD IT AFFECT HUMANITY AND YOU? -

CLASS 010

Published 4 January 2026 by Space Academy - Sector Earth

Gosia: Here you are, welcome! Nice to be back. It was quite cold down there — much comfier here! Let's get straight to it. Does knowing about ET life matter? How does it affect ordinary people on Earth who go to work, spend time with their loved ones, worry about their bills and health, feel stressed out, with hundreds of tasks on their hands? Who really cares if there are ETs out there, right? - "My life is here, and it will be the same whether I am aware of them or not. It's maybe something fun to think about for a while, but it doesn't change absolutely anything personally for me."

This is how the majority of the mass population thinks. I may be wrong in the assumption of "majority," since the ET subject is gaining popularity nowadays, but I would say it is still not something on the average person's mind. They have too many problems in their lives to find time to occupy themselves with what's going on in the lives of those we call extraterrestrials "somewhere out there in space."

The way the system has been designed on Earth and how the Matrix works, it is quite understandable why people feel this way. It is constructed precisely this way: to have them locked in isolation and so utterly engrossed in what the controllers created and keep maintaining as their "reality" that anything else reaching them from beyond that construct is quickly dismissed as crazy, ludicrous, or at best curious but irrelevant.

The truth is, the ET reality — becoming aware of it and what it means for this society — has a huge impact on absolutely everything this culture stands on and, as a result, on your particular life. I believe it is time the citizens of this planet understood why.

As we have explained in previous episodes, we are living in the construct we refer to as the Matrix, an artificially created and sustained realm to keep the citizens of the planet in an imposed bubble of what's real and possible and what is not, and where their attention should flow — and that is work, everyday struggles, family, friends, entertainment, politics, and not much more. And even though life on Earth can be so many different things for different people, this is, however, the main corral the controllers keep the masses in, guiding their perception and values like a hive mind.

One of the core principles on which this Matrix has been sustained, and how it defends itself, is that we are alone in the universe. It is the absolute nucleus of the control system on Earth. The presence of extraterrestrials is the most guarded subject and secret all governments, superficial and deeper ones, have tried to keep the lid on for thousands of years. They fear for their lives for that secret to finally come out. That's why they have taken so much effort to program the collective to associate it only with science fiction, entertainment, craziness, and conspiracy theories.

But why all this effort if the topic is so irrelevant anyway, as most people think, right? Who cares either way? Stop for a while and ponder what I will say next very carefully: the reason the Earth controllers, on all levels, fear so much for the truth about extraterrestrials to come out is because when it does — and it is coming out — and as everyone on the planet realizes we are not alone, it will eventually be the end, you

heard right, the end, of the Matrix control system as we know it and which they treasure so much and wish to keep us in.

Allowing one's mind to open enough to embrace ET life may not seem to be of any practical relevance at first, at a superficial glance, but it is essential as the stepping stone toward the dissolution of what we came to associate life on Earth with — and I am not referring here to many of its positive and beautiful aspects but the exploitative ones. It expands you as a person as it opens you up to wider perspectives about absolutely everything, but it also transforms our society on all levels, and that includes impacting your life as well, since you are obviously a part of it.

“The controllers know that if the mere existence of extraterrestrials, with all the rich and vast variety of them, is revealed to the public, or made known to them by other means, it would mean the destruction of their cherished Matrix paradigm. This is because it would cause all that the public believes is real and what defines the Matrix on Earth to crumble under the vast and far more expanded reality, science, and cosmology that those extraterrestrials would inevitably bring along with them.” (Mari)

“For us here, it is very easy to see and understand that imposing and keeping the idea that humanity is indigenous to Earth is of primordial importance for keeping the integrity of its Matrix, because if they accept that there is more humanity outside Earth, then humankind would automatically expand their minds, also wanting to break free from their controllers” (Mari).

You may feel that, for you personally, knowing about the ETs changes nothing practically, but the reality is the whole world consists of “you” such as yourself, all forming a collective. If the truth about ETs were ever massively revealed and accepted by that collective — and I mean the truth, not controlled crumbs leaked by governments here and there — it would be a total game changer for the entire society on Earth. The Matrix would crumble. Obviously not overnight, but it would have to, and that would strongly impact everyone in that collective — positively, I would say.

It's easy to think ET life has nothing to do with ours when it is not understood how closely it intertwines with what's happening on Earth. I explained some of that correlation in the previous class about the Galactic Federation. It is easy to think our lives would feel no impact from awakening to ET reality if you are still ignorant of how related our affairs are to those happening off Earth. The truth is, there are many other humans and other ET races in space and implications of that are huge.

Everything on Earth “starts and finishes with ETs and ET contact” (Mari) and is based on intercultural extraterrestrial influences, politics, and interactions, whether we are aware of it or not. Mostly, we are not aware, but that is how we have been programmed to view ourselves: isolated from the galactic community, in a cocoon, and only interpreting reality through concepts we know from within the bubble of the self-contained terrestrial Matrix context. So do not worry if it takes time to process what we are doing here in Space Academy.

Now, if you are ready to hear more, let's look at only some areas that ET life acknowledgment impacts, and hopefully you will understand how much it means for the rewriting of everything this society has been shaped around.

First, we have the concept of evolution, also creationism, and everything to do with how we officially know humankind came to be on this planet. If it is understood that we are not alone, it will obviously recreate the whole idea regarding Darwinism and our so-called origins. Surrounded by stellar people elsewhere in the universe, we most definitely did not evolve here! And it certainly tosses out the Church's idea of us having been designed by some divine figure on Earth. It also shatters ideas presented by more alternative sources, such as the Sumerian tablets, that refer to genetic modifications as the origin of the human race on this one planet. Genetically altered, yes, but not created. The officially accepted visions of how we came to be would need to be reexamined and expanded; the cosmology of the human race redefined; the perception of our universe and our place in it elevated to new levels.

Technology — that is another area that will need to be addressed if we ever, as a society, finally understand we are not alone. If we are not, and what's even better, if positive and more open collaboration with stellar societies were possible, it would drive technologies into our society that have so far been hidden from the human race or only leaked slowly according to the controllers' interests. Non-human technologies have always been filtered to the Cabal behind our backs to be mostly used against us, which is a whole other subject. But true, positive ET awareness would open up the possibility of technologies being made available for our benefit and well-being, not to our detriment.

Becoming aware of the ET world also comes with opening ourselves up to alternative models by which to organize society. If ET people are out there, and if they were ever to interact with us more directly, we would certainly be exposed not only to new cosmologies and ways of viewing reality, but also to new medical and scientific advancements and, furthermore, more holistic and just ways to manage society. How shattering that would be to the current slave model most of us are under!

To understand this further, I will briefly explain that stellar societies — most of them — are organized according to what they call "holistic stepped" political systems, loosely translated into our language, where the population is managed by a series of councils comprised of any individual who wishes to contribute, even children, and where society's resources are always abundant and distributed freely to all. There is no economy or money system as it is known on Earth, where only a few accumulate wealth while the rest of the population lives in scarcity. The way it is done on Earth is simply absurd, unjust, and plainly cruel, and it is one of the strongest mechanisms of control.

Holistic societies in space, in many variants, are very old systems most commonly used by advanced interstellar races and function in a way that provides equality to all their citizens in all ways. And no, this has nothing to do with socialism, where members of society live under a government dictating harsh rules. True stellar models do not have governments as such, and each person acts responsibly and according to the needs and ethics of society, which form the foundation of those societies.

When understanding of ET life becomes more widely accepted, this could be one of the models to consider for our planet as well. What is especially exciting is the removal of scarcity and dependence on work that is often totally enslaving. Of course, there is work on other planets, but it is something one chooses out of passion, not out of the need for pure survival with no time left to enjoy life.

As one of my non-human friends explained when sharing this information: “It is one of the best political models for a planet. It will remain an option as long as humanity in general, the masses, are ready for it. At this point, many things need to happen before it can be implemented, and humans must also have the opportunity to decide which political system best suits them” (Aneeka of Temmer).

“...as long as humanity is ready for it.” And what does being ready mean? That could be the topic of a whole separate video, maybe it will be, but it basically refers to the ethical, mental, and spiritual expansion of our society — individuals such as yourself. And for that expansion to take place, you must first be aware of whatever you want to expand into, which in this case is the understanding that we are not alone. That in itself is an important step toward the readiness mentioned above. Otherwise, there will be no compatibility for our worlds to even begin interaction, because “realities are not really places; they are ideas” (Yazhi Swaruu).

Some people who mostly focus on personal growth might say that it is not relevant to know about ET life, as their inner work and focus transcend those levels and play no role in the expansion of their consciousness. Yes, it can happen that way too, and the key does lie in individual self-development. But in general, in my understanding, it all matters when extending and enriching the frame of our reality, especially when the topic is so closely related to everything that takes place on this planet — from social, technological, and political matters to spiritual ones, and more.

“When at a shallow level of spiritual awakening, anyone can advance without extraterrestrials, perhaps going in other directions or skipping them entirely, moving into full Universal Consciousness, for example, but there will come a time when it will start to become ever more difficult to advance in awareness and consciousness without addressing the big elephant in the room — that humans are not alone in the universe, far from it. Extraterrestrials as a subject will always turn out to be a big hole in the awareness and understanding of that person” (Mari).

We are immersed in ET reality all the time, whether we know it or not, but it is precisely that not knowing that keeps the Matrix in place. Knowledge is power; it is ordinance, and with that knowledge comes transformation — on a personal level first, in terms of the more expanded and freer perspectives it brings, and more profoundly on a larger planetary scale. No, not immediately, and yes, you will still have to pay the bills and deal with everyday matters, but our culture will need to adjust and shift, and that will have an impact on you as well.

Of course, for this to come into full effect in the most positive way, what would need to take place is not only knowing about ET life individually and collectively, but also some kind of surrender and/or cooperation on the part of those who have been controlling our planet. And that is where the problem still lies, and we cannot be naïve about it. Those who run the show on Earth, on all levels, will eventually need to admit they have been lying to us all for a very long time. That is not going to be easy, and they will not go down without a fight and all kinds of strategies to still come out on top. Do you think that is what they really want — to give up control over this planet after maintaining it for thousands of years as their farm? To own up to the deceptions

under which they have kept us?

Obviously, that is the last thing they want, and as I mentioned earlier, they fear tremendously that we all wake up and ruin their show. They know it would threaten the status quo of the control system they have been so carefully protecting for thousands of years. They would be finished, or at least heavily disoriented as to what to do next. I believe they already are.

And that is where, my friends, you come in, and why it matters that you — your neighbors, family, and colleagues — allow that larger reality to become at least a possibility in your perception. ET life matters and impacts Earth on every level, but if we keep burying our heads in the sand, we will be doing exactly what the controllers want. We will deprive ourselves not only of enriching our personal reality with new angles from which to understand life and cope with everyday routines, but also of the possibility of transforming this society into something better, more abundant, and more positive. The more people know about ET life, the harder it will be for the controllers to keep hiding this and many other lies. It weakens them. Something will need to change. “The Cabal, no matter how deep it is, cannot exist without people” (Yazhi Swaruu).

Aren’t you tired of wars, conflict, struggles, and scarcity? Of feeling that something is off? Aren’t you tired of being lied to? Don’t we deserve more? How long will this planet’s collective need to suffer and be deprived of access to resources and quality of life so freely available to other star races?

ET life is not free of problems; it has its share of issues, and as we discussed previously, many ET races live under their own systems of belief, and there is also conflict. But the way this particular planet has been orchestrated surpasses all degrees of struggle out there. You should know this is one of the most difficult planets to be on. Humans deserve relief from this weight, deserve access to truth and other possibilities, and deserve to be offered alternative ways of structuring their culture based on more ethical distribution of resources, access to knowledge, and physical and mental healing and expansion.

Important: none of this can happen for us as an imposition from ET people or as a gift. That is a childlike mentality we need to grow out of. Ideally, change must emerge naturally as we advance in perception and ethics. Extraterrestrials who are willing to help (as they are all different and have different ideas for Earth) are not our saviors — far from it. And many of them, as explained in the previous video about the Galactic Federation, do not even desire to transform this planet into anything freer, as it is they who manage the show to keep it as it is.

But others who do wish to help insist strongly that for the Matrix to collapse, the main transformation must come from within first. It must come from the collective daring to open their minds, going beyond the boundaries of artificially imposed realities, transforming into more ethically driven individuals, groups, and societies. It must begin with you — each and every one of you — acknowledging there is more, that you perceive it and are willing to co-create it, that you are ready for it and want it, even if it is just holding it in your perception. “The Matrix is the thoughts and values of the people who live in it” (Yazhi Swaruu). Change our mentality and perception, and the Matrix will fall.

“With internal work, with a change in attitude, that will be reflected in the outside world, where you will find people who share your same feeling because they have a compatible frequency — they attract. This will lead to societal change that reflects the new attitude and a new way of seeing and dealing with things. Each person on Earth is the key to change” (Yazhi Swaruu).

To say that ET life does not affect us is to retreat back to the hive, back to the wheel the Cabal greases daily to keep us in. It is exactly the mindset they want us to have. They made our lives difficult on purpose, precisely so we do not have the strength to look beyond.

And no, it will not change anything overnight for you or our society to finally embrace that we are not alone, but it will fuel what you are now allowing yourself to perceive — the interstellar life and its possibilities — to manifest. As Yazhi, one of my friends up there, said: “What the collective agrees on as being real or not real, possible or not possible, creates frequencies because thinking amalgamates with that of others. Because all are connected, all together reinforce the manifestation of a reality according to their beliefs” (Yazhi Swaruu).

Knowing we are not alone can make you freer as a soul, spiritually and mentally less dependent on control systems set all around you, and it will eventually give way to the collapse of the Matrix we are currently under. For that to happen, all pieces matter, and you are an important one, because “the level of consciousness of Earth is the sum of those living on it” (Yazhi Swaruu). Why are you important? Because you listened, because you cared enough to maintain your attention through this video, and by doing so you proved you are aware and ready for more. More people like you are needed. So hold the vision, even if you still need to go to work tomorrow and pay the bills. I do too. You are not alone.

And to feel even less alone, let’s join a few of our community members to see how they perceive this subject.

Community workshop

So this is it for this episode. Thank you so much for being here with me, and I really hope you stick around for the next one, as it is of vital importance as well. We dedicated this class to looking at the subject of ET presence and whether or not it is important in our lives. We established that it is indeed relevant, at least from our perspective. But is just knowing enough? What is next then? Are they going to tell us the truth — “they,” meaning governments? Will they admit we have been lied to? Should we even expect anything from them, or should we consider this from entirely different perspectives and sources?

These are important questions. Let’s talk about the so-called “official disclosure” so many people are anxiously waiting for. What do we think about that in Space Academy? Would that be a reliable route for ET presence to be revealed to the public?

This is a huge and complicated subject — I won’t lie — with many dimensions, and I will try to break down at least some of them in the next video.

Thank you again and see you then!