

EXTRACTION FROM EARTH - PROTOCOLS. - **NO VIDEO**

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Anéeka: The most common way to do an extraction is to simply arrive, place the ship over the place where the person to be

extracted is, and with the tractor beam pull him/her up to the ship, and retreat. All in seconds. The other more Taygetan way is to

agree with the person when it is their time. You gather your things of sentimental value, not monetary, and go to a point as far

away as possible from human eyes. If you have a vehicle, it is easier.

The person arrives at the agreed place and waits for the ship to come. The ship signals with its position lights to get ready. It

turns around to see that everything is safe and proceeds to land. It lowers the ramp in front of the person and they either drive

their vehicle into the ship, or walk in, with their friends they know waiting for them, waiting inside to comfort them.

The vehicle is secured inside and the ship proceeds to take off and leave the Earth. This procedure, borrowed from human

lexicon, is called "dust off" because of all the dust and debris a craft raises upon landing and takeoff.

Questioner: Wow! What a thrill. And when you leave Earth, where do you go, do you stay on the ship or do you go to a planet, or

does it depend on the race?

Anéeka: It depends on the race and the moment. From the Taygetan ship they usually have gone to the Andromedan Viera first

when there was a Taygetan station there. Today, there has been no recent extraction, but they would come directly aboard this

ship, here.

Questioner: And then can the person go to Temmer or Erra, or should they stay on the ship?

Anéeka: Yes, depending on what you want and which ship goes as far as Taygeta to take you.

Questioner: Can you give us an example of how far away it should be from civilization to be safe for you?

Anéeka: It depends on the place. It's just important that it's not between houses or between people in a very obvious way. It

doesn't need to be inside the Congo or anything like that. It can be just a couple of kilometers away from a town. As long as they

don't see anything that could cause trouble, it would be fine.

Questioner: I guess the ship that lands is a Suzy type or a smaller one?

Anéeka: Yes, it's a fighter type. With cargo capacity like for a vehicle. This ship (CGI shown) has a ramp similar to the one used

on a ship of ours for extraction. Look below it.

Questioner: In what situations has this type of extraction been done by you? In the last few years, could you give us any

numbers or averages?

Anéeka: In the last 10 years about 100 starseeds have been extracted by us. In the last two years none have been extracted. I do

not have exact data at hand and I cannot give exact names either because they are people listed as missing.

From the year 2009 to the year 2017 or so, there were 36,000 Taygetans here in orbit on 29 large ships. Today we are only 30.

Just me speaking on a continuous basis. Yázhi only represents herself and is not Taygeteana, so she does not figure into these

numbers. We used to be many people who were contacting here by these means. There were more than 500 of us here. Today

there is only me left from Taygeta with a little bit of Yázhi, but she has moved away.

Everything is the same as with you, in the same way, following a friendship.

Questioner: Why, when someone is extracted, can't they contact their loved ones?

Anéeka: In short, because they suffer, and many, if not all, of their friends and families, go into serious dissonance. It just causes

problems.

Questioner: And what do you tell that person's loved ones? Do you tell them the truth, or do you fake an accident?

Anéeka: That depends on the person to be extracted, but if they are so attached, it is better not to extract them yet. Only those

who no longer function there and no one is dependent on them in any real or strong way are taken out. That part is up to the person to be extracted.

Questioner: Thank you very much Anéeka. And another Questioner, you told us that if a person went up to the ship they could

not eat your food because of the oxygen content in the carbon molecules that make up the food. So, what do they eat when they get to the ship?

Anéeka: They adapt to the food that is best for them, but it is better that they pass the illnesses as they will not cause them

health problems, only discomfort, and they adapt quickly to the food on board.

Questioner: And once on the ship, do they collaborate with the tasks?

Anéeka: After some time, yes, as they adapt. They don't need to do it right away as the shock of being here is already too much

for them to process. They will know when and with what to help. In the meantime, it is their time.

Questioner: Do you go through an adjustment period, and if so, what is it like?

Anéeka: It depends on each person, but usually they do go into shock, along with the food. They are in a state of euphoria

combined with melancholy and confusion. But the new routine and stability on board suits them quickly, as they feel safe. They

themselves then ask to help or do something and it is almost always in line with what they already knew what to do.

For example, Suriko, taken in February 2016. Today already 17 years old, she studies and collaborates on the bridge in

navigation tasks under the tutelage of Eridania of Erra, the ship's captain. But for more than two years she just observed

everything, being our friend and companion as she grew older. She was extracted at 13. Today, at 17, she is already functional

and a member of the bridge staff. She speaks only Japanese and Taygetan. She is already telepathic. But her roots are not of

stellar starseed, that is to say, she is human. Although, in the end, they are all starseeds.

So today she developed almost normally. That is to say, she retains her physical features and her distinctly Japanese

appearance, and very Japanese - big thick eyelids, very white skin and very thin. She claims to be happy here and has no desire

to return to Earth. She has no one there anyway.

Questioner: And is there, for example, any supervision system in place for the extracted persons, for example, scheduled visits

to the doctor to see how he is progressing or supplements or psychological assistance or anything?

Anéeka: Yes, they are under the supervision of the doctors on board. In this case there is only Senetre left, as the doctor.

Although we all have medical knowledge here. Remember that in Taygeta people don't really specialize like on Earth. They know

everything.

The adaptation of the body in a natural way is slow, being that biologically it is completed in seven years based on the person.

Its changes are very gradual. As you would see in a child of ten years to observe how, over seven years, he becomes almost an

adult. Yes, they grow, they transform, they change their face, their preferences, everything. But yes, it depends on the stimulus

and the mind of the person.

Questioner: I understand. And if you go to Temmer or Erra, where do you go? Is there a special place for new people coming in?

Anéeka: Not really. Just place of supervision, but they are integrated into civilian life at home almost immediately. On a case-by-case basis and as requested by the person.

Questioner: What do you mean by place of supervision?

Anéeka: A building with volunteers that the newcomer can turn to if they need help. People to talk to and solve their problems of all kinds.

Most adapt quickly because they remember who they were and what they were like in this culture. They are mostly starseeds, so

they feel at home very quickly. They will still have to leave behind human customs that are not correct in Taygeta, but for that

they were prepared beforehand during the contact by this means and others like Skype.

Questioner: And based on data from extractions, what aspect have you observed that has been the most difficult for them to

adapt to and the least difficult? As a curiosity.

Anéeka: They have had a hard time leaving automatic terrestrial habits and adapting to small things that are observed in Taygeta

as good manners. For example, no one enters a house with the same shoes they wore outside. Or the fact that everyone here

bathes every day without exception and sometimes even two or three times a day. And they change clothes. Wearing the same

clothes all day long is not well seen. Although it depends on the heat and the activity.

There's also flexibility with that, it depends on what they're doing. It's also to stop being in a hurry mode about everything. It's

not necessary in Taygeta. Everything happens when it should happen. Calmly and patiently.

Questioner: Wow, what a curious thing you just told us. These little things are what make the difference, in my opinion. For

example, sometimes there are also misunderstandings due to cultural differences when eating, with cutlery or table manners.

Has that ever happened to you?

Anéeka: They are tolerated, but not very common. They learn quickly. When it comes to cutlery, we have the knife and the

spoon, but it is different. It is like a bowl with a handle like a half sphere with an ornate handle for soups. The fork does not exist

here. Instead of the fork we have a kind of utensil similar to oriental chopsticks, but made of three sticks with a flexible joint in

the middle and have small tines on the end that touches the food. It grips the food between 3 points.

At home it is usually made of ornamented wood. Here in the ship it is made of composite materials, some transparent. We avoid

unnecessary wood and combustibles because a fire inside a spaceship is usually devastating and very dangerous.

Questioner: And if the person you extract is in immersion, what happens? You mentioned that the consciousness decides which

body it stays with, but is this a conflict for the extracted person?

Anéeka: For immersion, it is more complicated from one angle, and less from others. The starseed is supposed to die on Earth

and awaken in the immersion pod. He has completed his lifespan on Earth. There is no need to extract, he just wakes up at

home, on the home planet. He remembers who he is and why he came to Earth this

way. It is one of the most common ways to enter Earth.

It only comes into conflict when the contactee is in immersion and wishes to be extracted traditionally. It is possible and is done,

but you are faced with having two bodies and the complex dynamics of managing or being two at once. It is difficult and strange

for many and they prefer to avoid it. It is up to the person to be extracted to decide what to do. The most ethical and advisable

thing to do, if you are in immersion, is to fulfill your natural life cycle on Earth.

Questioner: You have said that you never extracted anyone who had someone depending on them, whether it was an animal or a

family member. Is that right?

Anéeka: Yes, basically you can't, for ethical reasons.

Questioner: Sure, I understand. But in the case of both people agreeing, it is possible, right? For example mother and daughter.

Anéeka: Yes, in that case yes. Pets can go up, but there are problems that could be a concern for the ecology.

Questioner: And is there an extraction protocol for the starseeds? I know you said it was by agreement, but is there something established as a general rule?

Anéeka: Just that they should not have anyone depending on them, really depending on them, and that they are mentally ready.

That is, awake to the reality of everything that is not on Earth and ready to take on consequences and responsibilities that come

hand in hand with everything and with the procedure itself, depending on their personal circumstances. But not as a fixed

protocol. It is flexible for each person.

Questioner: I understand. And the people who want an extraction, what should they do, how can they know what agreements they have?

Anéeka: It is difficult to know what agreements they have. You can only base it on observation of their lives if you don't have

more precise data, which is rare to have. Many times the person is the one who remembers having the agreements, but it is

certain that they probably have the same agreements as any human person because they are there. This is because of

frequencies, such as that you age because of deterioration due to the harmful environment in which you live. Whether you are

born there or here, if you are on Earth it is the same thing. With few exceptions.

Questioner: Does each race have different protocols?

Anéeka: Yes, they will have their variations, yes. Although the base remains the same, the one above.

Questioner: That is to say, they cannot know what agreements they have because of the veil of oblivion?

Anéeka: Yes, but that in itself is the main agreement, not to remember, to solve everything from scratch.

Questioner: Wow, complicated then, and when you say responsibilities and

consequences of leaving Earth, what do you mean?

Anéeka: That from the moment you leave, you will not be able to return to Earth, nor contact your loved ones. That, once here,

they will stop behaving as on Earth and will adopt the customs corresponding to each race. To accept that here they will not age

in the same way as on Earth. Tempted as it sounds it also has its problems, mostly psychological. Here you will have the same

appearance for hundreds of years, but your soul, depending on your experiences, will get tired. And you do not have the option

that you are already old, that you already want to retire or that you are tired of life and you are ready to die. Here that issue is

more complex. Same face year after year, century after century.

Questioner: Of course. There are many things to take into account that you don't know from here.

Anéeka: Sure. As you will see, life here is very complex. It's not that there are no problems in 5D, but they are different. Like with

many layers, one on top of the other. In 3D it's more flat, like one layer. Here it's like 3D chess, that's the name of the game. The

more things you know, the more you incorporate into you and the more you perceive. Your life and your whole reality increases in

complexity. That is where you begin to appreciate the simple and the essential over the unnecessary.

Questioner: Sure, Anéeka. Now many people are asking for extraction and I think it is important to clarify the pros and cons.

Anéeka: Yes. They should remember that they cannot betray their families who love them and depend on them in financial and/or

emotional ways. That goes against our ethics and extraction protocol.

And it's not that there aren't problems here, because there are, they're just different and there's more complexity of life and

understanding. It is not for everyone. Multi-level chess.