

CLASS 005 - BODY OR SOUL - WHO ARE YOU? WHAT MAKES YOU "YOU"? ARE YOU CONSCIOUSNESS?

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Gosia: Hello! Here I am again! Today, we will talk about you as a being. Many think we are just a body with nothing that goes on after we die. Others believe we are more. There will be many opinions about this topic, but here, in Space Academy, we only have one and that is - of course we are more! Much more!

How so and how do we know? Well, we will go into it in this video. This is one of the most important subjects on which many future concepts will be based, so let's begin!

If you ask anyone whether they think they are only a body or something more, they will probably answer according to their religious or spiritual background or based on the scientific understanding of the subject. In the first case, it would be yes, we are more than a body and there is some of kind of continuity after death; the second one would explain it away in terms of chemical and electric neuronal processes that, when ceased, cease our existence as well.

Terrestrial science, with its so-called scientific method, supposedly appeared on Earth a few hundred years ago, as a stance against the religions of the times and, in consequence, it disregarded everything that had to do with spiritual phenomena in favor of the materialistic approach with which to study life. Any more subtle realities were totally ruled out.

There are many great things about science. In fact, we will go into many concepts related to science and technology in the future. This is not about dismissing science or choosing this or that. However, it must be stated that the scientific method, how it functions on Earth, and however reliable it may be to describe the physical world, cannot be dependent on when presented with something that will not be observable by it, and a lot is still out of its reach, especially when it comes to consciousness and mind. The science didn't know anything about simple electricity just a few hundred years ago, so it has no right to condition the population to believe that something exists or not just when it can be "proven" by it.

The truth is, if we limit ourselves only to what the current state of our science can prove with its material means, we will leave out of our reality the big part of the larger whole that includes very real non-material aspects, limiting with it our potential, personally and as a race. What transcends the material realm, thousands of verifiable cases of near-death and out of body experiences,

psychic and paranormal phenomena studied worldwide, cannot be proven with science based on material methods, or else it will be reduced to the material explanations with which it is studied, reducing with it who we are as beings, which, yet again, is what the controllers of the Earth really want for reasons that we will develop in future videos.

"The science of the Earth is a corral for the human mind so that people cannot develop anything that is not approved by the controllers" (Swaruu of Erra).

With that being said, science as it is on Earth is not the best place to rely on for answers in these deeper areas. There are too many concepts it cannot handle, at least not officially.

Ok, so what are we then if not just the body and chemical processes? Are we a soul as most religions teach? Energy? Mind? Let's get to it then!

It is easy for many to fall into thinking they are just their body when the whole physical experience points to it. They feel tired when it gets tired, in pain when it feels pain, they give it vitamins, they cause reactions that make them feel certain way, so obviously they are their body.

"The experience of living in a material world is very compelling, so it is very easy to think only in terms of hard matter and the laws of nature and of physics that govern it, and nothing else" (Mari Swa).

On top of it, apart from your body itself trying to convince you there is nothing else, most people on Earth don't have any deep spiritual realizations, so the controllers "weaponize this general population's ignorance about all things spiritual, relegating all that either to institutionalized religions or to the realms of fantasy and wishful thinking" (Mari Swa).

In Space Academy, we break through the terrestrial scientific limitations by understanding the human being not only as his or her body but, most importantly, as... consciousness. This is one of the core concepts on which many future ones will be based, so please pay attention.

The essence of who you are is... your consciousness, soul, and that consciousness, the self-awareness of who you are, is the part that transcends space and time, transcends death.

But what exactly is soul and consciousness? Let's start by stating that the word "soul" has religious connotations, and it is not my intention. It is simply the closest word after "consciousness" that can encapsule the concept.

A soul, who you are deep inside, is a fractal of Source, being the Source itself. A point

of consciousness, a presence. And what is Source? Let's say for now it is the wholeness of the reality, absolute Oneness of all things of which we are all intrinsically part of and which includes everything that exists. You, as a soul, are a singular awareness point, holographic fragment of the Source. Not as a separate piece of it but being the Source itself. "Holographic" meaning the exact reflection and representation of all the qualities of the Source, conserving all its creative qualities, being a conscious fractal of it at the same time. An aware point of attention within the Source. A drop within the ocean and the ocean itself. Eternal.

Now, pay attention to this next concept. Remember we talked about perception agreements between two or more people as in something that creates their reality? And, more importantly, their attachments to these ideas? This concept of individual ideas and attachments also relates to the subject of a soul.

Let me explain. A soul, as explained above, your conscious self, is a holographic fragment of Source itself, yes? You are Source experiencing itself through the individual point of attention, and that point of attention is what you perceive as you. But what does this point of attention consist of, so to speak? Ideas, feelings, and your attachments to them.

"A soul is not an object. It is not even an energy, strictly speaking. It is a group of concepts, attachments and ideas, that a larger consciousness holds dear. It is a range, from one point to another, within an infinite Source of consciousness. We are a group of ideas and concepts in God's mind, and to which God has grown attachments, using the word "God" in a rhetorical manner, with no religious intent or meaning". (Mari Swa)

Some might argue that the soul is something beyond ideas, pure presence, and that that is the real you. This is also true, and you can experience this state of mind in deep meditation, for example. That would be the more expanded layer of you, so to speak, integrating more of the Whole. However, as long as we are in some identity state, especially when in the physicality, we will hold perceptions, Source holding ideas within Itself, and that is you. You are that idea within the Source.

Am I trying to say that the soul, full of perceptions and awareness, is the part that transcends your body, transcends death? Yes! When you die, your awareness remains, but not only as the pure consciousness with nothing "inscribed" into it, but you actually take many of your ideas with you, conscious and unconscious, as bundles of attachments within the larger consciousness field that you also are. That's why people, from very young age, develop preferences, interests and talents. It is something they

carried onto this life from previous experiences as the soul!

Have you ever wondered why two children in the same family display different characteristics despite being raised in exactly same environment? It's because who they are deep inside, their soul, is not something they begin with at birth, but it's carried over from before, and they continue to build that soul forward, but with the perceptions already imbued on to it, and new ones acquired as they go.

And that's why your perceptions matter. They continue to build not only your present life, but your future as well, so watch what you think and believe, and learn to let go!

How are you doing so far? Can you handle the idea of being a fractal of something larger and being that something larger at the same time, and with all its creative powers? Well... that is exactly who you are, my friend, and your body is simply a mechanism through which to have the experience in the material world, also part of Source, of course.

On the topic of the body, and this is important, understanding you are the consciousness and not your body does not mean dismissing it or the material experience. I remember my brother said once: "All those spiritual people just talk about soul stuff, boring". In my case at least, that couldn't be farther from the truth. That's not what spirituality means for us in Space Academy, although, it could mean anything you want, of course, individually.

For me, knowing I am more than the body allows me greater appreciation for all things physical as I know I am giving myself, a point of attention of Source, the experiences it seeks. Otherwise, I wouldn't be here! It's like I am Source looking at itself and its own experiences through my self-awareness. Enjoying my own creation, building new ones.

In fact, being more than the body doesn't really mean that you are not your body, it only means you are not only your body. But, of course, my body is me since I am here, functioning through it. It is a unity, connected.

"All over spiritual communities, they are pushing the concept that you are not a body, that you have a body, and that is only partially accurate, because your body is a physical manifestation and expression of all what defines you in a more expanded way. It is the materialization of all the concepts that you hold attachments to in the side of the ether, or on the spirit side - same thing". (Mari Swa)

So accept yourself as both soul and body. Not as opposites, but as part of the same.

Moving on, let's look at the function the body plays in relation to consciousness. It allows the experience in the material realm, yes, but as it does that, it filters a lot of what the consciousness can experience when not operating through the body, with that giving the illusion there is nothing more beyond what the body itself can observe. It's just the way it is designed and how it is for most people, although what it filters is not always thorough, things from the so-called other side do leak sometimes, and that's when you get all kinds of paranormal experiences.

Generally, though, not much peeks through but that is not because it is not there, but because the body works "as a filter for soul's perception, to only experience living within a narrow bandwidth of frequencies that are perceived as the so-called material world. To keep its attention there, to provide experience. But you are a soul, and what you perceive as yourself in a body is only the translation into the so-called material world that biology gives. Your brain, nervous system and DNA, are the translators into the material world. Everything you truly are, your memory, is not in your body". (Mari Swa)

Wow, body, brain and DNA as a perception filter and translator for the soul! So the brain does have something to do with consciousness, after all? Yes, but as a sort of decoder for it, so to speak. "The signal, or the soul, enters and is decoded by the brain, as a very high frequency "signal" from the ether side." (Aneeka of Temmer).

So you are experiencing the so-called material world through your body, not being really there, just receiving through there. "Much as when a drone is used to go into faraway places, and its operator sees through the cameras of the drone and manipulates objects using the drone's mechanical arm and hand. All the operator's attention may be there with the drone, but the subject is not in the drone". (Mari Swa)

The same goes for memory, by the way, which is not stored in the brain. "There are parts of the brain that control specific functions. For example, specialized areas for sensory perception, speech centers, and so on. But, in the case of memory, there are none, as the entire brain works as the translator. Memory is very much linked with who we are and with the formation of our self, and it is not found inside the brain. It is in the etheric field, in the spirit world". (Mari Swa)

This also applies to psychic phenomena and abilities, very real and which world intelligence agencies, for example, use but hide from the public. "They do not reside in the brain either, nor do they reside in a gene. They come from your spiritual essence higher self; they are not physical!" (Swaruu of Erra)

Wow, we touched on many deep points today, thank you for still being here. Believe me, it's so expanding to learn all this!

Memory not in the brain? Ether? What is ether? So many topics to go through in the future.

About the memory not being in the brain, this also explains why many people have memories they cannot explain, children recounting details of events and places which they have no way of consciously knowing in their present life. Past lives? Research this, there are so many cases, because this further proves that there is definitely more to us than just what's in the body.

Other phenomena you can look into are thousands of cases studied worldwide of out-of-body and near-death experiences. I am sure many of you had them. Also, anything to do with paranormal research, where even governments dedicate projects to this, hiding it, of course, from the public. So, nothing to prove that we are more than the body? Wrong, there is a lot of evidence out there. Just don't rely on official science to tell you there isn't any, because that's a lie.

Ok, guys, this is a quite a video, a lot to digest, but now I am excited to look at our community videos to see how people know they are more than a body. Let's kick back and enjoy, I spoke enough!

COMMUNITY WORKSHOP

Thank you, everyone, and let's close the class. In the end, what we have tried to do here today was to describe the indescribable, frame what's unframeable. Impossibility! So you will probably still have different opinions, trying to dissect and define that beyond physical spark in many ways but, what's really important in the end is that it is there, and it is who you are.

And if you are still skeptical, just open your mind to the possibility and begin to explore your inner world, feel yourself inside. That's the key in the end. For you to have experiences yourself. You are not as alone as you think. A 2020 survey by the Pew Research Center found that 77% of Americans believe in an afterlife, and 63% of Europeans believe in some sort of existence beyond the physical. So buckle up well as this is just the beginning of your journey!

And buckled up you'd better be as in the next class, we are actually, for the first time, going to venture into space. I think it's time. We talked about the human body and soul, but... are those bodies and souls only present on this one planet? Are we the only beings in the universe? I know some of your jaws will drop with this one! I can't wait! See you all there!

"The moment you discover that you are not limited, your consciousness will rise and you will be liberated from the illusion of the Matrix. You will have all your abilities, you will realize everything that goes on and, therefore, the Matrix will end." (Swaruu of Erra)