

# CLASS 003 - WHAT IS THE MATRIX? FREE YOUR MIND - TYPES OF MATRIXES EXPLAINED

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Hello, everyone! Welcome to Space Academy, class 3.

In 1999, the movie "Matrix" captured the world. It was about the virtual reality unreal world made by the machines to harvest energy from human beings. We could go on and on explaining all the similarities of the movie's Matrix to the one I will be describing but that's not for this episode. Let me just say, there are lot of truths in there.

According to history of mathematics, the term "Matrix" was first used in 1850. It was also used in biology, physics, but, in my opinion, it wasn't until the movie "Matrix" that it took more of the meaning I will speak of today.

When I was preparing this topic, I realized it's not as simple as I originally thought as there are different types of Matrixes I need to explain. One that is more natural, one that is less natural but harmless and then, finally, the type of Matrix that's imposed, limiting and false. And also, what's all that about "escaping the Matrix"? Without further due, let's jump in!

To start, and in the simplest way, the Matrix is what could be called rules and belief patterns of any specific group, culture, realm, and, importantly, our attachments to them. Like a video game with set rules to follow. Particular web of agreements to abide by.

Remember perception agreements from the previous class? As we said there, perception agreements are sets of shared beliefs between two or more people. Well, in short, those perception agreements are precisely what forms the Matrix, it IS the Matrix.

The ideas and terms created for each group and realm.

Now, let's look at different types of Matrix. I mentioned the natural one. This will be the one to do with the physical/biological realm we are in and the organic laws that keep all the material life together. Having to breathe, go the bathroom, the fact we see through the eyes, that we need to walk to get to places, that we can't cross walls, experiencing reality within the narrow band of perception our physical bodies and biology give us, it's all based on innate material Matrix laws; rules of the game for human beings, many said to be unchangeable and unbreakable, such as the rules of matter in physics.

If you are somewhat familiar with concepts such as energy (don't worry if you are not, we will get to it), you might have already heard that all matter is energy. So, the fact we are perceiving a lamp, for example, as such is because we have an agreement to see the lump of that energy as hard matter, a lamp. But it's all just energy. Laws of

this realm. Agreement with whom? Well, we will get to that as it concerns spiritual concepts, but let's just say the agreement taking place on a deeper level of the game of life, one we are not aware of consciously. Like the written code in the video game that has a "law" that will impose on you that you cannot walk through walls. In this sense, the whole universe and our life in it is a Matrix full of these types of agreements.

I would personally say this type of Matrix is the hardest to escape from, although we know there are cases of people who beat the "game" and are able to levitate, teleport, walk through fire etc. In the end, it's all mental, because all those agreements, no matter what type of a Matrix, are always perceptual, mental, some just more deeply ingrained in our subconscious than others. And, by the way, me saying this type of Matrix is the hardest one to liberate from, by the way, is also a mental idea! It may not be the hardest for you.

Moving on to another type of Matrix, less natural one but relatively harmless, are all the social perception agreements and the interpretations of them between groups of people. The group can be as small as two people, creating their own mini sub-Matrix, or it can be a larger social group, each with their unique set of ideas to live by, like those who are into goth wearing black, and cowboys wearing cowboy hats. That's their individual Matrix they choose to be in. Another example, the cultural dynamics in Tibet differing quite a lot from Western society to be classified as being inside their own Matrix, although obviously they would have many characteristics in common, both belonging to the larger planetary Matrix and its ideas, like not crossing on red lights, saying "good morning", wearing clothes, etc.

For example, if we take a chair and how it is viewed by different species, we see they all live within their own reality Matrix. A simple chair is, for a human, a piece of furniture to sit on. It is a bed for a cat, food for a termite, and a mountain for an ant. So, the Matrix is what we all perceive using the shared interpretations we've agreed on with other beings occupying the same world we are in. If we all perceive and agree the chair to be something to sit on, in our shared Matrix that's what the chair is then. That's the rule of the "game", of our shared reality. There is nothing wrong about the chair being used for sitting, it's just an idea all of us agreed on, since we all have bums we need to sit somewhere! That's why I said this type of Matrix is less natural but harmless.

Here I have to pause for a second because it actually reminds me of my own situation in my relationship, with my partner, my boyfriend, where he sometimes tells me how not to do certain things because they are not meant to be done this way because someone, for example, designed a knife for cutting bread so I should not use this knife for anything else. Or, for example, if there is a cup and that cup is meant to be a teacup, so I should not put anything else in it,

like a juice or whatever else, because someone actually thought about it and designed it this way and it's meant for the tea.

And I'm always very rebellious this way and I always say, well, who says that this and that is made for that just because someone designed it this way? Well, let's repurpose it, let's give it a different meaning. Like with the example of the chair, okay we agree the chair is to sit on but there are a lot of things that we can repurpose, and just because someone in the Matrix says that this is that way, it doesn't mean that it has to be that way, you can redesign it.

Like, for example, I used to wear clothes inside out, not really outside but sometimes around the house because for me it doesn't really matter that much. And then he would say, well, someone actually designed it this way, this is the left and this is the right, so that's the rule of the game, that's the agreement we have. But, in my in my personality, I have a tendency to break through these social agreements and just repurpose things my way. But, anyway, this is the side story, let's go back to the video!

Ok, so far so good, right? Nothing wrong about living in the Matrix, we all need shared perception of things, otherwise it would be a total chaos, right? Certain rules of the "game" come definitely in handy and it's what keeps us coexist better. This type of Matrix can even be enjoyed, as it's a variety of common social values and activities we adhere to making this life experience what it is. Games, music concerts, restaurants, jokes, travelling ideas, even traffic lights, it's all part of the Matrix of life on Earth that's still relatively harmless, if you know how to choose healthy aspects of it over harmful ones.

The real problem begins when the Matrix agreements, and we talked about this in the previous video, are being created and pushed on groups of people and the entire society with other agendas in mind, and that's when we come to face the not so positive side of the Matrix, and this is where the Matrix becomes something that so many out there refer to as "escaping the Matrix". It is still based on ideas and belief patterns, shared concepts and the attachments to them, but this time serving only the ones who designed them, and most of the time, entirely false or, at least, limiting. False sets of concepts and structures fed onto the entire civilization as truths on which we later base further understanding of our life and our role in it. That's the Matrix that concerns us the most. That's the Matrix which I will encourage you to see through and awaken from.

This imposed Matrix locks our awareness only into what it wants us to see. Moreover, the ones who control it behind the scenes want to convince us that it is all there is. Remember that it is your perception and the interpretation you are giving that perception that truly matters, like interpreting the chair as something to sit on, and in today's Earth culture, controlled beyond belief, we are guided to interpret that perception with the set of ideas the Matrix has

been imposing, and for millennia.

The ones in control of Earth affairs have done a tremendous job with the formation of this false social Matrix, and they continue to do so. They have to impose their lies with a lot of congruency so they can be believed by the masses, and so they must do everything possible to dumb down the population and deny them the tools for free thought. The population must be indoctrinated into how to behave and how to think, and the younger the age they start, the better. They must be a collective of workers constantly concerned with survival and having their basic needs met, never finding the time to think on their own.

One of those accepted Matrix rules is to obey the people who are in some sort of authority position in the social hierarchy. As that hierarchy is formed, so is the concept of that authority position knowing better, holding the truth and correctness. Therefore, we should obey, be it because they hold some kind of knowledge, scientific evidence, or political power that enables them to simply impose the truth because they say it is. This means that, as time goes by within a civilization, whatever is considered to be truth, and therefore whatever is registered as history, will conform to those who had the power to impose those facts as truth. The people in power will impose what they want the people to believe, and that will be what is registered as truth. And that is the Matrix.

What I want to convey is that what Earth's society is based on is an elaborated set of convenient lies imposed as truths over the population by oligarchs and people in power to fit and fulfill their own interests. In other words, people are basing their entire lives and values on a set of rules that have been imposed on them by those who only have their own agendas in mind. People have founded everything they live by on a nicely packaged collection of lies, and most of them don't even know it. And that's what's called living in the Matrix. Mostly unknowingly, they cooperate with it, sustain it, "in prison of their own minds", and sometimes, no way being willing or ready to be unplugged, choosing only what is familiar and safe. And that's what Morpheus in the movie "Matrix" meant when he said:

"You have to understand. Most people are not ready to be unplugged. And many of them are so inured and so hopelessly dependent on the system that they will fight to protect it".

That is correct. Many people choose to stay within what's official in the system of the society's Matrix. I have a feeling you are not really one of them. If any of this of which I speak has peeked your interest, stay with me, as there are a lot of these false Matrix beliefs the human society has been indoctrinated with and limited by, and we will be deconstructing them here in Space Academy little by little, going through many areas of life; life on Earth and one in space, as it is all connected.

So, are YOU ready to escape the Matrix? To be unplugged? Do you have to?

No one has to do anything they don't want to and I am not going to tell you what you should or should not do. This is for you and only for you to know. Know this though,

"Nobody is a bigger slave than the one who believes himself to be free without being so". (Johann Wolfgang von Goethe)

But what does it even mean "escaping the Matrix"? Well, I will try to answer that toward the end but first let's go see what the members of our communities have expressed on the topic of what the Matrix is for them. Stay with me, the class is not over!

## COMMUNITY WORKSHOP

Escaping the false Matrix is daring to question the veracity of what is imposed as truths. To truly escape the Matrix, you must live a life that very few would understand and you must face being alone. You must form your own, unique criteria, and learn to protect your values. The more things you have in common with what is socially accepted and agreed upon, the more you will be inside the Matrix. Take and enjoy what you like from the Matrix, that's what life is for, but always with the knowledge that there is more. To live on Earth and function properly, you must live in two worlds, understanding how the Matrix and its rules work, and, at the same time, upholding your own perception with integrity and firmness.

Free your mind. What forms the Matrix are attachments to ideas, so let go and don't take anything for granted. Watch, observe, question, learn to connect the dots and to separate what is uniquely you and what is imposed. That is the beginning to escape the Matrix.

In the process, as your personal reality and identity grows, you may actually realize that rather than escaping the Matrix, all different types of them, you are beginning to freely construct your own one, picking and choosing what best defines you. Integrating parts of it, rejecting others. Take from the Matrix what suits you, what fulfills you and what you consider important, and dare to leave the rest behind, if you can. Choose what you want, but don't let the false Matrix influence your own sovereign one. That Matrix is not you deep inside. Learn to control and evolve its rules and laws. Become its master. Create your unique you, your own personal Matrix, your world. In many ways, you can't really escape from your inner personal Matrix, without it, you couldn't even be a thinking person. But always know it to be a part of so much more.

To be a part of so much more... oh, there is so much more! The Matrix I am telling you about, for one, doesn't just end here with the socially accepted paradigms of reality in a commercial Earth culture. The "game" actually extends in many directions, and

you will know what I mean as we move along. But, for example, it also reaches into so called more awakened circles. What do I mean by this? Ok, so you started to question reality, connect the dots, you go exploring alternative media, you think you are more free, right? Well, yes, it's definitely a start and I am so glad you did. But now, here is the trap. The ones who control the Matrix and the society from behind are not that dumb, they already know where you will go to seek more answers. So what do they do? Invade those areas too! And one of those areas is... the New Age movement.

This is important, guys, and that's why I am going to go into this in the next class. I know it's frustrating, but unfortunately, the Matrix is set up this way, to trap your attention into more and more constructs, always wanting to guide your hungry and awakening spirit. Well, I will share with you what we, at Space Academy, know about the dangers set up for you out there in some of the New Age circles. Then you will decide how to proceed.

Until the next time!