

BLOOD GROUPS - RH - THE SENSES AND INTERNAL ORGANS - THE TAYGETAN RACE **NO VIDEO**

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TAYGETAN AUDITORY SYSTEM

Anéeka: About our auditory system, I don't have the official figure, but I dare say that the auditory range is about 16 to 18 hertz and up. That is, with just a little more sensitive auditory range than the average human.

TAYGETAN VISUAL ACUITY

Our eyesight is more sensitive in the dark than human eyesight. We see significantly more in the infrared and ultraviolet. We distinguish two more colors, but they are perceived in isolation in a very understandable way. That is, more infrared that is perceived as red and more ultraviolet that is also perceived as violet, only in a way that is barely visible. In addition to the phenomenon that we can sometimes perceive objects that emit heat in the dark, it looks like a fainter reddish area in the dark of the night.

On a related note: Being able to perceive this small amount of extra color or range of visual capacity with a slightly larger range of visible light causes the colors, as you know them, to change slightly. Not entirely, but it does change their hue or tint because all colors have components from the rest of the visible light range, so chemically what is perceived changes.

That is to say, we see the same colors as humans, but they change a little, like more vivid, with more detail, they are more exaggerated, they are very intense. This has been described by the people who have been extracted as being one of the first impressions they have here. It is a sensory overload. Everything looks very sharp with strong, defined colors. They describe it as things looking more real here than they do on Earth.

The factor that causes greater visibility in the dark is a greater number of rods and their increased sensitivity, which is a consequence of what I described here today, above, of a greater capacity for nerve transmission.

As a fun fact, we also wear glasses. In fact, I'm wearing anti-radiation glasses at the moment. Sunglasses just to be able to see when something dazzles, like when they have to see what they are doing, pilots, for example. We do not wear sunglasses for the purpose of protection from sunlight, as we do not accept the human theories that the sun is harmful, much less to the eyes.

According to our medicine, the eyes need to be exposed to sunlight, but I'm not talking about looking directly at the sun, I'm talking about being in the sun looking without glasses. At first we thought that was only something to do with the Taygeta Sun which is milder than this one here. So we thought that maybe protection against this sun was needed, because it is stronger. A significant 15% stronger than Taygeta.

But already after investigations, we see that it doesn't matter. You don't have to hide

from the sun. Everything in excess is bad, that's true, but in a natural way, without thinking about whether it is too much or not, it is healthy and necessary. Even so, prolonged sunbathing or being outdoors working, does produce the logical burns that are not good, but that is already an excess.

The anti-radiation glasses I am wearing now are very much like yours, except that it is the yellow tint. They are made with transparent crystalline material that has a structure designed exactly to repel the waves, or most of the radiation waves emitted by digital screens. That is, it is not a filter in the lens that prevents radiation but the shape of the molecular matrix that makes up the glass of the lenses themselves. They are designed by ourselves to neutralize most of the radiation frequencies from the screens, but not all of us use them. And we do resent online time because screens affect us. So does the simple fact of focusing on bright and very close things for many hours.

Another important fact about vision is that due to the higher neuronal speed we perceive more frames per second. Therefore, things that pass very fast for human eyesight are visible to us. This can impact us when watching a YouTube video, for example, as it would seem that it can be a problem, and it is true that we see things slowed down at times and it can be irritating.

However, the brain tends to automatically compensate by creating a continuum where either you can perceive that some videos look a little slow, or you can just take for granted that this is how YouTube looks and forget about the problem. Yes, it is a constant to see or perceive small jumps or that some scenes do not flow at all, but, on the other hand, it is not something that always happens.

These extra frames per second could be reflected, for example, in the ability to better follow the flight of an insect. Yázhí, on the other hand, can follow the path of a bullet as in Matrix, the rest of us cannot. And Yázhí can because she slows down time with her mind, not only with her eyes.

Our retina is also a little different. The normal focusing range of a human person is about 40 cm in front. We can focus 10 cm in front of our face. By working online with these screens, I see a clear definition of my visual ability compared to other people here who don't spend time in front of a digital screen. And I personally can no longer focus at that distance. As far as focusing at a distance, I would say it's the same as humans. Maybe with more sharpness of detail in the distance. I still see at a distance the same as other people here. It is my near vision that has been affected. In these cases, as a temporary measure, glasses can be used, but it is usually corrected with medical technology. I don't know how it works exactly, but it is a very strong magnetic field imposition that corrects the geometry of the eye, or with the famous multipurpose medical pod.

THE TAYGETAN SENSES

As for the sense of taste, I have no comment as a concrete fact. But in itself, it is quite logical to accept that all senses are more sensitive. For example, the sense of touch. We have here, as normal, something that you know as hyperdactyly. That is, we have so many nerve endings in our fingers that we can feel on a piece of paper where it is printed and where it is not. In pencil or pen it would be easier. On Earth, there are rumors of people who can read with their fingers, and I'm not talking about Braille. We

are not there yet.

ORGANS, MUSCULAR AND SKELETAL SYSTEM

Our organs such as the heart, lungs and sexual organs are up to 20 to 30% larger in greater bone density. I mean, the bones are denser or stronger. We can withstand more falls or blows than humans. This is also logical because it goes hand in hand with a muscular system that develops more torque or strength and needs strong bones to anchor to, or the musculature itself could cause fractures.

TAYGETAN DIGESTIVE SYSTEM

The gastric system is also different. With secretory enzymes for the digestion of vegetables and a digestive system longer than the human one, which also brings its dose of related problems. For example, if we were to consume meat as many people on Earth do, we would not be able to digest it very well. Eventually, though, we could. This is not surprising, since we know that some plant-eating species do consume meat at times, but it would make us sick. So, our bodies are better adapted to the vegan diet than humans on average. Our small intestine is longer, creating problems, for example, with consuming too much fiber. It clogs up our intestines.

IMMUNE SYSTEM

As far as differences in the immune system, I have no comments. If there is a difference, I have not noticed it. But I feel that if there were, I would know about it perhaps, more so because I study medicine in my spare time with Senetre. We suffer fever just like humans do when we have a heavy infection. Except that here we do not see it as the cause of an invading microorganism, but as a decompensation in the body and energy balance that has caused a group of opportunistic microorganisms to take advantage of it. Unlike on Earth, the infection is treated if it occurs, but more importantly, the cause of the imbalance that caused the problem in the first place must be discovered.

On the other hand, our cellular regeneration is much greater. We heal about three to five times faster. In Yazhi's case, she heals about 20 times faster. When she suffered an accident with the bramble plant, her scratches were almost gone the next day. And those that required bandages and almost stitches were gone within a week, and without scarring. That is, more than four times faster than the rest of us here. Senetre has her eye on studying her, but she resists, saying she is not a guinea pig.

BLOOD GROUPS

All Taygetans are blood group 0+. That is to say, we don't have complications due to the same blood group as it happens on Earth. I am 0+, logically, but Yázhi is A+. Not Taygetan, clearly, although related. Our blood group is related to that of Earth, but not because it is exclusive to Taygeta, but because all Lyrian races are connected and related.

On Earth, there is such a variety of different blood groups because of a large number

of Lyrian variants incarnated there, among other races.

RH-

The RH-, for example, are different because those bodies are encoded or influenced to be concordant with other races with RH-, among them Reptilian, but not all are Reptilian. Just because they are RH- does not mean that they are Reptilian. But Reptilians, all of them, have RH-. That is why the royalty on Earth is at least mostly RH-. But there are also many Taygetan starseeds with this blood group.

But it does strike me that a very large number, indeed the vast majority of the people we have contacted or are contacting today, are RH-. I do not understand why, but it may be because of a greater affinity for the stellar element. Otherwise, it is a control construct. This is important because in many places it is being said that starseeds are RH-, as if RH+ were not. As if RH- is synonymous with extraterrestrial. This leaves out the majority of starseeds on the planet. It also promotes separation.

So, RH- is not synonymous with being a starseed as no one can tell you what you are. It is something you know, you feel, you carry inside. In short, RH has nothing to do with what you are inside. We have reports from our contacts who know many people with this blood group who could not be more Matrix and closed-minded. RH- is also not synonymous with being enlightened.

This group is special because they are few in number compared to the RH+, but not because they are superior, just different and not connected completely or directly to a specific star race, except for a greater affinity for Reptilians. But you have to look at one other thing, there are many Reptilian races that are very loving and positive. And, again, just because you are RH- does not mean you are Reptilian in any way. You can be any race. And how do you know? You tell me. It's something you carry inside. Your desire, your affinity, your vision that comes out to be true. Your RH does not define who you are. You and only you define who you are.