BLAST FROM THE PAST - "YOU ARE IN A TAYGETAN IMMERSION" - DOES COSMIC IDENTITY MATTER?

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Note from Gosia: To understand the following transcripts better, it is recommended to watch the video where I give the complete context. "Caroline" is the fictitious name replacing the original name provided by the

Taygetans.

Gosia: Why such a strong tendency to want to identify with something, a race, culture, group, stellar society, if doing that is

precisely what bounds the soul within the parameters of such a group? Aren't we more than a group of ideas, than an

extraterrestrial race? Why do we search to belong, if the very decision to belong to this or other species is what outlines the

boundaries of the experience of who we are? Why outline ourselves in any way? Why search such self-designation? Aren't we

the Source itself, with limitless avenues of expression and embodiments? What's up with the need to label ourselves as

originating from this or that extraterrestrial race? Is that really the right word for who and what we are? Belong...?

I am starting to resent the word "belong", as in belonging to the Arcturians, Pleiadians, etc. "Belonging" gives away the

proprietorship of who I am to that specified race, and with that, to the rules and ideas and cosmology that shape their society.

We are sovereign beings, nothing and no one owns us, and we do not belong to anything or anyone, just to the underlying flow of the I "Amness" within, the endless Me.

In my view, I am not a Sirian, Taygetan, or Urmah. It might temporarily be so, as in coming into the human experience from this or

that specific society at a specific point in time, immersion or naturally, but the expression I AM is too transcendental and all-

inclusive when referring to such a single and temporary expression of my soul's journey. I am not a Taygetan, I choose to

experience myself through the Taygetan vessel, to peek into the physicality through Taygetan eyes, but this is not who I "am". I

won't give away my "I amness" to the single society among countless stars. I play with my expressions, come in and out, let

them express me for a while according to whatever I want to embody at a given moment, but what I AM is much vaster and

larger, so immeasurable beyond fragmentation. My I "AMness" lies beyond. The rest are games.

And games they are, however dramatic, however important. Plain and simple. The sooner we realize it, the faster we reach true

liberation; liberation which can only ensue when we transcend targeting off Earth stellar races as places we "belong to" and are.

We move through them, we enjoy and respect them, but be them, we are not. Cages they are, all and each one of them. Not in

themselves, as they are all beautiful expressions of the creative Source, but in the attachment we hold to their ideas.

appearance, and preferences, in wanting to have them define us. Nothing wrong in wanting to experience them. But we must

know we are free first. As long as we know we are unbounded, we choose the societies because we want to, but never because

we "belong to them". There is nowhere we truly belong to, only to our own immensity within. And I hope you know that. No need

to identify with anything else. Be free. Be you.

21 December 2017

Swaruu (9): I believe you are well aware of aura and auric readings. It can be read at a distance using a spectroscope that brakes

down colour and intensity of frequencies of each colour, energy of each one, and patterns within those colours. It's done with a

long-range laser, in a similar way Earth science can read the chemical composition of faraway stars.

A while ago I read your aura, and the data I fed it into my computer. The pattern is congruent with a 5th to 7th density being, or

beings found in the three planets orbiting the Alcyone star in M45 Pleiades. They are called Yenas. In your case, it looks like you

may very probably be a 7th density Ramyena from Alcyone star system. Three planets: Grande, Wacha and Rama. Lineage

planet: Rama. But also congruent with the other two, particularly Grande. Probably lived all over the Alcyone system. I'm also full of the other three in my system.

Old species, only dwelling in higher realms, mostly 7D. Head and founders of the Alcyone Council that is the organism that

coordinates and sees for the welfare of all the species that live around the nine stars in the Pleiades. When physical (5D), they are

observed with fair white to light blue skin. Wise and with caring / counselling behaviour. Credited to be part of the founding

beings and guardians of this universe. They are mostly high vibration light beings.

Also called "Blue Flame Yenas". Violet flame

as well. (Yenas as species can be found all over the Pleiades but concentrate in their home star Alcyone). They are rare on Earth.

I do not hold the exact answer as to why that is, but probably because they are so high in frequency, expansion of

consciousness and experience, that they benefit little by the experience of being on Earth.

Gosia: Why do they come to Earth?

Swaruu (9): Same reason as all the others: To learn, to have a new experience... to fulfil what all higher consciousness desires - more expansion. Also to help, sometimes just by being present there. To teach. To

influence in a positive way.

Gosia: Thank you, Swaruu! You have no idea how much I appreciate it. I have been "lost" here on this planet all my life, stranded, longing for something unidentifiable even to myself.

Swaruu (9): You are welcome. But remember that the only one that holds your truth is yourself and no one else. This is just a

reading from an instrument tied to a computer. It helps. But it should never override or replace your inner knowing.

Gosia: Yes. But it can trigger that inner knowing, help connect the pieces. Life here is very hard. You mentioned the computer. Is

this technology reliable? It doesn't make mistakes about lineages ever?

Swaruu (9): Very reliable, yes. But in the end it's just a spectroscope. Every time you live or even go somewhere, you pick up the

frequency, and the more time you are there, the more frequency you pick up. So if your frequency is so congruent with those

three planets, then the computer's take is that you, indeed, have spent a really long time in those planets.

No one is ever only from one place in particular. As you said, we are a conglomerate.

Yet, this frequency reading does show a

clear tendency of being of that race, because you are identified with them. And... in 7D, you are hardly tied up to one place and

you are naturally all over the universe anyway. You are now much more than in 7D. (You are still there now, by the way)

Cinna: Did you verify it again with Gosia's current setting please?

Swaruu (9): I cleaned it up and ran it through filters as the angle of the laser was too shallow and the Earth's atmosphere was

filtering the yellow spectrum heavily. Yet, this doesn't cause misreadings because her frequency is blue to violet to purple and it

does go through atmosphere very easily. It's the lower frequency yellows that are filtered out because of this imperfect laser

angle. So I hold my reading as trustworthy.

Gosia: What's the relation like with you, the Taygetan people?

Swaruu (9): We are members of the same Council, we are best friends and share common interests, at least the higher ones (not

so much sports and things like that Taygetans are so much into). Main difference is that Taygetans dwell mostly in physicality 5D

and Yenas mostly dwell in 7D. They are like guides for us. By the way, those numbers are only a Gaian construction to

understand things clearly, but it's only one large energy gradient. 7D is more light, closer to Source, to unity, to oneness.

Gosia: Is there 7D physicality as well?

Swaruu (9): Yes, there is physicality everywhere and in every density, but only from the point of view of those people living there,

because for others they are just seen as energy, hence the term "light being". It's like only being able to perceive someone's

auric field and nothing else. As 7D contains all the densities below, one to seven, so they can access all the ones below 7D, but,

for example, someone in 5D alone can access one to four, and five but NOT six and seven.

Gosia: How does my body look when seen from within my 7D state?

Swaruu (9): Like the perfect manifestation of the exact idea of how you want to look like.

Gosia: Haha really? Manifested mentally?

Swaruu (9): Exactly that.

Gosia: This is exactly how I remember my existence.

Swaruu (9): The higher the density and the frequency, the easier you manifest everything.

Gosia: I remember WILLING things to their existence.

Swaruu (9): Yes, exactly! You do that as well there in 3D, but it's slower, like a school, you don't really want to manifest an elephant although it may look like fun at first. (Just imagine the problem with its poo in your apartment).

Gosia: How can I connect with my family from that system? Are they near?

Swaruu (9): They are 7D, that means that they are all the time around you and you are them as well.

Gosia: You mentioned I was there now. What did you mean by that?

Swaruu (9): We all are in 7D and above all the time, we are only using a biological suit to work in this 5D-3D illusion reality Matrix. You are always several places at the same time, and that's because the "several" is only an illusion to have an experience. You are there now. The real you.

Gosia: That's what I have always felt. That I am existing right now on another level... multidimensionally. Using this 3D Gosia suit as the avatar.

Swaruu (9): You are right, Gosia! What you call Gosia is only the 3D idea of being, limited mirrored interpretation of what you really are.

May 10 2018

Gosia: And if I have a memory of being in one of those control ships orbiting Earth... is it a real memory? Or a future vision? Or both?

Swaruu (9): It is a memory! There is no time. It's happening now at some level.

Gosia: And are you able to, in a way, confirm if I was there at some point or not? Or is it something you are not able or allowed to reveal to people here?

Swaruu (9): Ok, I wanted to go there the other day so be it, let's go down that road. Suppose I do know where you are. (I'm not saying I do know, I'm not saying I don't). And you are in a cryo-sleep pod inside this ship. But you are there in Barcelona as well.

Gosia: Ok, let's suppose. And who knows where else, haha. Since we are so multidimensional.

Swaruu (9): That's totally correct, Gosia! <---- As I was saying before, if that's your case, then if you die there, you will only wake up here, with Anéeka smiling at you asking you "Did you like my immersion program?" She does that for real!

Gosia: That's what I feel might happen. I feel I am in an avatar body or something.

Swaruu (9): But what if you ask me... Swaruu, please take me away, I'm done here. I'm down there in Suzy and you come up here. Then you walk as Gosia into the room where you are asleep, and you awaken yourself. So now what happened there?

Gosia: What would happen? Some kind of a paradox, no?

Swaruu (9): Now this is not theory here, I'm sharing empirical experience. And I experienced that with my mom first hand, because I was my mom!

Gosia: I could be both then?

Swaruu (9): Your consciousness will be in both bodies at once. Because the specific frequency in each body corresponds to the real multidimensional you. You will have to learn how to "drive" two bodies at the same time. It can be done. And it's quite common. It's not easy, but you get used to it. You also get a lot of ethical problems, especially when you have a boyfriend and he is only one! Imagine!

Gosia: Isn't it better to let the sleeping one sleep?

Swaruu (9): You can. You can let the original sleep. It's useful should you die in an accident here, you have a "spare".

Gosia: Exactly. I could go up... and the original would sleep. But then would my experience in me now, not the original one... be less authentic?

Swaruu (9): No, it's just you. Once here, both are real. It may not feel real now, but if you bring it here, then things change. Because all your DNA will be active, among other reasons.

Gosia: Well, haha, fun to ponder this... but I guess all is possible... you have done it!

Swaruu (9): Yes, I've done this and it didn't end up well for my mother version of me. Because I got sloppy! It was much more

interesting to be Swaruu, the little one, than the Swaruu senior. So I spent too much time in Swaruu and I no longer gave any

attention to the elder one. Less and less attention.

Gosia: Oh, so what was the consequence of that?

Swaruu (9): I left on a hike all excited, and when I came back, she was dead where I left her. No consciousness, the body dies.

Gosia: Why did she die? Just like that?

Swaruu (9): Because she needed a consciousness. She didn't die, I'm she. Only the biological body was of no use to me. It concentrated all in younger Swaruu. Because it was more interesting to be the young one!

Gosia: Well, it's ok though, right? She... you, orchestrated it. You were the same person so there was no death really, you just sucked it all into Swaruu, the baby.

Swaruu (9): That's right, yet there was still a dead woman's body in my couch! And I no longer could interface with it! It was very nice when I was little. I thought that was "normal" and everybody was like that. But as I became a teenager, things were different.

Gosia: Did you regret it?

Swaruu (9): Yes, I did, it was horrible! I was alone and far from civilization, as we/I lived up in the mountains. I buried her in the backyard, by the flowers. You know what it is like to bury your mother/yourself?! That's why I left and decided to "enlist" in space travel. I could no longer bare to be there in that house with me buried in the back yard!

Gosia: But that mother is you! So it's not like you buried anyone!

Swaruu (9): It's still quite bothersome! You are burying yourself! Anyway, you wouldn't expect me to talk about normal things, would you!?

14 May 2018

Gosia: Do you hear people calling when they call out to the ET beings? For example, I have been calling out to the star beings for years and years, reaching out, asking for contact, for their/your presence. Is that heard?

Swaruu (9): Yes. But there is more to that than what meets the eye. You are sending a clear and constant message to the

universe, the Matrix, and I mean the real and original Matrix we are all in while on the material side of things. Things work that

way, you ask for something hard enough, and sooner or later it will come to you (so beware of what you are wishing for).

And well, it's because it's also most probably planned by you. I mean, when you reach a certain moment in your life, you planned to be awakened and brought home. This before you were even born.

Gosia: So it's not that it is heard by you personally? It is received by the original Matrix?

Swaruu (9): Sometimes yes, sometimes no. But the callings are heard mostly telepathically. I mean, I do feel it and know who is ready and who is not, who is calling and who isn't. I did feel you personally, but I couldn't do anything until other things came to pass.

Gosia: When did you feel me?

Swaruu (9): The first time we talked. It was very clear (your calling).

Gosia: And what did you hear?

Swaruu (9): An inner yearning. A craving to go home. A need to understand, to grow. And an insatiable curiosity.

Gosia: And where is my home? Is it the Yena place? And yes, you are so right. I have all these sensations in me. A need to explore too. That's a big one for me. Discover the unknown.

Swaruu (9): The spectroscope is a tool, but not much more than that. It's an advanced laser spectroscope read and interpreted by a computer. I prefer to rely more on my intuition. I feel and sense people. We all do. Everybody does, but most are educated to ignore it.

Explore... you know, the galaxy is littered with little Taygetan skeletons still sitting at the helm of dead starships drifting in deep space. Of all the crews that never made it home. We are an explorer race. We have an insatiable craving for knowledge and personal expansion. What does this tell you about yourself?

Gosia: I'm discovering so many similarities with your race. And where is home for you?

Swaruu (9): At one level, it's in Temmer or in Erra. This time in a nice beach, I'm tired of high cold mountains. At another level, my home is somewhere in higher realms. Where I'm only light, where love is so dense you can wrap yourself with it, like a blanket.

Gosia: That's what I feel too, Swaruu!

Swaruu (9): I understand!

Gosia: By the way, if I'm one of you, it must be funny talking to me in a complete amnesia, haha.

Swaruu (9): I can tell you this: You were Yena, as so many of us have been. But you are clearly one of us, Taygetans. And there is a clear plan and reason. Awakening key people is the only way to make the whole planet "ascend". This is how it's done. From the inside. And that's also why you are there. You are ground crew, that's also why I'm talking to you and not the Dieslientiplex (Arcturians´ real name).

Gosia: Wow, I am so happy to hear that!

Swaruu (9): I knew you would be very happy to realize this. But this is not because I say it. This is your choice. You have identified yourself. You know that. I only confirm.

16 May 2018

Gosia: Are more people coming from Pleiades to incarnate on Earth?

Swaruu (9): Mainly. But not incarnating. They mostly go in using full immersion technology.

Gosia: What is an immersion technology? (I feel I know already!)

Swaruu (9): A computerised virtual reality where you hack into the digital Matrix that controls Earth. You appear and function as a human when you are not! You go in there for a mission or a purpose.

Gosia: I feel this is me. I may be wrong.

Swaruu (9): I already know you are <-----

Gosia: I am?? You told me you wouldn't confirm.

Swaruu (9): Yes. I didn't say I wouldn't, I said I couldn't yet.

Gosia: How do you know? Telepathy or you checked?

Swaruu (9): No, no telepathy needed, although it also confirms. It's in the data banks, clear and readable.

Gosia: Yes?? Holy cow, as they say here!!

Swaruu (9): Nevertheless, you must continue with your plan there. As it's an experience you wanted. And it's not a lesser experience. It's as valid as any other.

Gosia: Wow. By the way, I have an important question about that! Under this immersion program, does one appear at birth or at some point in life?

Swaruu (9): You can appear at any time. It's different for everyone.

Gosia: But then, if I can appear at any time... I occupy the already present body?

Swaruu (9): Yes, you can. Or you can go in at birth incarnating as anyone else. Or you can come in after a certain event takes place, like a spiritual awakening at any specific time. It's called a walk in. When you are born there as a starseed, you are a crawl in. And when you walk off a ship, you are a walk down.

Gosia: You know, every time I go to visit my family... I feel very strange. As if I remember them but my new me feels in conflict with that memory and even them. So I feel maybe I came in later in life...

Swaruu (9): Because your memory is probably not yours. You are only using Gosia's.

Gosia: Yes, it's how I feel! But then, where is Gosia?? Where is her soul?? Did we swap?

Swaruu (9): She still is there, but in a close by timeline. Another yourself. Valid and there but with other values. Maybe even very Catholic. She may even be Matrix - no soul. But it's not up to us to tell.

Gosia: Insane, this is so incredible. It's something I always suspected. For years. Like I was not here. Crying out to be unplugged!

Swaruu (9): I confirm now.

Gosia: You do?? And do you know where I am? Am I with your race somewhere?

Swaruu (9): Yes.

Gosia: Am I floating in space? Or on a planet?

Swaruu (9): You are ground team, with many others. Ship.

17 May 2018

Just For You: What I can say is that you are from Erra. And you are part of Caroline's team. Ship - Alcyone class: Taygeta (nice name, by the way) in Earth orbit now.

21 May 2018

Swaruu (9): And I now must correct something I told you before. What I said was correct when I told you then, but since the last time we talked things, have changed here. I do know you here.

Gosia: You know me there? What has changed?

Swaruu (9): I didn't know who you were when we last talked. Now I know exactly who you are and where you are. But I'm still

careful about revealing this to you because I would be leading you. Like imposing an identity. And I cannot take that

responsibility over you or over anyone. Because what's important is who you are now. You are Gosia and that's what matters.

And you are as valuable and as valid as anyone else.

Gosia: And what triggered your knowledge?

Swaruu (9): An inner knowing at first, a realization, an epiphany, then I traced brain activity in the people in immersion in the ships and noticed spikes in the monitors when we talk. Something like talking to someone on a cell phone while you look around in a large hall to see who is also talking.

Gosia: And what did those spikes tell you? Please tell me. I so want to know more about me. I know I am living some kind of farse here.

Swaruu (9): That you are there to have a life. But you have another here. And you volunteered to go in there to free the Earth from the inside, because it's the only right way to do so. Then I must tell you that the who you are is in you. As I said, you don't have to look for any external identity, you are all you can be. You are complete. The idea you have that you could improve yourself in

any way is socially imposed. "Always something can be improved", right?

Gosia: I know. But if I know, it will give me so much more joy and strength! Imagine your own nostalgia, the way you feel over there, but you do know you are a starseed and why and who you are. Well, here not knowing is so painful. I don't want to improve myself. Just recover my memory.

Swaruu (9): The problem is that I/we might be opening up another can of worms. And you also may reject that identity, because you are Gosia now. And that's what is important, but nevertheless you are her as well.

Gosia: I am Gosia but I know I am someone else too! I know it.

Swaruu (9): You are cornering me, I will have no choice but to tell you. This is your decision, not mine.

Gosia: Yes, but, by the way, I don't want to corner you either, ever. Don't want to impose anything on you. I want it to be our mutual decision, please. It's just that you got me very excited! I am sorry if I made you feel cornered! I apologize. So what do we do? I accept you telling me. Do you?

Swaruu (9): This will be hard to accept for others. I don't know their reaction. But I do

know you are she. It's confirmed. You are Caroline.

Gosia: If I am her, then my amnesia is deeeeeeeeeeee! The name doesn't trigger anything for me. Is she in immersion right now??

Swaruu (9): She is, with her team.

Gosia: All my team, we are in immersion? To do what exactly?

Swaruu (9): Yes. What you are doing now. A team, 12 of them. With you, 13. Bet that doesn't mean you know the rest there, only here, you may never encounter one there.

Swaruu (9): And won't you be in trouble for telling me? Won't I reprimand you on my return haha?

Swaruu (9): No, I won't. They don't dare anyway.

Gosia: Please save this conversation so you can show me I asked you for it, haha. By the way, thank you.

Swaruu (9): You are Gosia. That's what IS important! <----

Gosia: Did I know you before?

Swaruu (9): Yes, we are good friends here. Explains our affinity here now.

Swaruu (9): I was worried before because the reason I'm here in general is to make the life there, the experience of living there,

meaningful, not to make anyone feel it's a lesser life in any way. Yes, it's a Matrix, yes it's false, but your experience there isn't

false. So if what I told you serves you, it's more than ok. I myself would rather prefer to know other than not to know. What does

call my attention is that somehow you always find your way home even in that Matrix.

Gosia: I do?

Swaruu (9): But yes, I'm very happy to have found you. And I confirm this is not a joke, I'm also trying to understand how you

came to be her. This in general, this, our contact and all, is no joke. Don't you think it's "a little" too elaborate to be one? Just saying.

Gosia: First of all, knowing this doesn't make my life less meaningful. Actually, quite the opposite! I took my dogs for a walk and I

felt at peace. As if life pieces coming in together... everything seemed to make more sense to me! Even though I am still

processing and don't know what to think really but, strangely, I am feeling at peace! So you have nothing to worry about and I

thank you. This is not going to make my life any less meaningful at all. It will put everything in place more and will give me inner order.

Swaruu (9): Anyway, you are Gosia, and that's all the meaning you need. And you are not only Gosia, not only who you are up here, you are always so much more than what you can even try to start fathoming.

Gosia: Yes!! I feel that!! And I do feel a Yena in me also. I definitely don't limit myself to any of these life expressions. All these identities are just explorations of the higher consciousness. But it does explain many of the strange feelings, memories and nostalgias. So I am grateful.

Swaruu (9): It's the way the universe works. If you keep digging and digging, you will find that you are many more people, and if you keep going enough, you end up understanding that each and everyone is you. And that you as Gosia who is reading this is Source itself, from your point of view, everyone else is your fractal. They are just labels, like the places you've lived in. You are not a role. You are Source.

Gosia: Exactly. Actually, I even had a discussion about this with someone here. They were insisting on this lineage thing. And I felt that it wouldn't really identify me as a whole anyway, but a fragment. An important fragment perhaps but still a fragment. Me as Caroline... it's just another play!

Swaruu (9): You are already whole, you are complete. It's only programming that makes you feel otherwise. That's why it did bother me a little to tell you because I was forcing a label on you. Ok you are her, but you don't stop there, no way!

Gosia: I know we are whole, but the programming is deep. Even you feel nostalgia, no? And different, like you are from somewhere else. And don't worry, Swaruu... I won't stop there! But it does explain a lot of things for me and it brings me "home" in some way. My other "home" than just here. Because here it is definitely not it! It's like I unpeeled a layer of myself! But I know I am the onion.

Swaruu (9): Yes, I do feel nostalgia. You are Gosia and so much more, but now, from your point of view, even being Source itself, you must do whatever Gosia does, stand in line, in a cue, same with me here. The universe itself is an onion, and in a very real way... you are the universe.

Gosia: Quick question: What if she is just using me to interface. And once she leaves, me... I will stay here! Maybe even soulless, haha. In other words, if she decides to unplug there, where will I be? Here in the Gosia body... or there?

Swaruu (9): No. You are her. Nothing to worry about. Caroline is not here, only her body is. There is only one: You. You have

always been her, as you have always been Gosia. Nothing to fear. She cannot decide outside of you. If she decides that, it is

because you decided that. By the way, she only has been in immersion for 18 months. But as there is no time, it's been decades from your perspective.

Gosia: And what is your relationship with me? And what am I like there?

Swaruu (9): We met at the Academy in Toleka island Temmer. You are older than I, Caroline is officially 130 years old (Earth Timelinear). But I've been jumping in my ship alone, and I haven't talked to you for quite a while. And to make things worse, you

Gosia: Am I similar to the personality as now?

Swaruu (9): You are her, so the personality is the same one, because you can only be you. You went there just to be there. You

must understand that that's all your objective. All you need is to be there to make a change. Your objective is to do whatever you

feel you must do. Have a happy life. That will bring the change. Because you must be the new world. Don't worry about thinking

you are missing something because you are not <-----

Gosia: It's all so amazing, and a little funny, to hear about myself up there! Gosia here is having fun with the idea of having all those tasks you are talking about on a spaceship, haha.

Swaruu (9): As you are now, I guess you couldn't even know your way around the bridge let alone anything else, but you are still you. And you are Gosia now too. It will stop being funny soon!

Gosia: Why?

immersed!

Swaruu (9): Because it will be progressively more and more familiar to you. Once you see the facts, however that will be, it will no longer be funny. I mean, the facts about you personally. You will see them little by little.

3 June 2018

Anéeka: I present Mai'ani, Executive Officer and acting captain of starship Taygeta.

Mai'ani: Hello, I'm Mai'ani. Also, I am very excited to talk to you this way. We know each other well, and not, this is so strange.

Gosia: Yes, I was thinking about this. That it would be so strange for you both. From what I understand, we know each other there. I am sorry for my amnesia, haha!

Asket: Yes, it is! And surprising as well.

Gosia: Surprising?

Mai'ani: Also the way we, or you, found us, I feel it very strange.

Asket: Yes, we didn't expect you to be Caroline.

Gosia: Are you sure of this then?

Asket: Yes. It's confirmed.

Mai'ani: I checked this so many times I cannot count! Over and over.

Gosia: How well do you both know me?

Mai'ani: We've worked for close to 20 years now.

Asket: I've known you since 1975. Earth year reference.

Gosia: And what does the checking process consist of?

Mai'ani: We, or I, follow what you are doing while you talk to Swaruu and compare your reactions with Caroline's at the same time.

Gosia: I am so blown away. Don't know what to say almost.

Mai'ani: You don't have to. I can't believe I'm talking to you this way!

Asket: We are here for you today, in case you need to ask any questions. We know this may be hard on you.

Gosia: I want to thank you from the bottom of my heart for being here with me. I appreciate it more than you can imagine.

Asket: You are welcome!

Mai'ani: Yes, you are welcome.

Swaruu (9): Welcome.

Anéeka: Welcome Gosia.

Gosia: Mai´ani... and Asket too, I would first like to know why I decided to come here. Into the immersion program. What inspired

this decision? Mai'ani... you were with me on the ship, so we had to talk about it.

Mai'ani: You said that you wanted to experience 3D for a while. You said you wanted to try it out! You also said that you wanted to help from the inside. You felt very confident as it was to be only a few months as

seen from this side. A lifetime on the other

side. You went in in a state of total fearlessness.

Gosia: Why didn't you stop me, haha?

Mai'ani: Stop you? No way, you are quite stubborn! It's never the same once you are there. Everyone says so. Only the strongest hearts dare to!

Asket: A lot has changed since you went in. And we all agree, it's in no way a good idea to get involved that way, through immersion. It's too much and quite unnecessary!

Gosia: Well, I am here but I feel I haven't done anything yet.

Asket: What would make you think that? Because you have, and a lot! You just must understand that what looks like a lot there, may not be that much from this perspective, and vice versa.

Swaruu (9): Making a lot of money and becoming famous is a lot, there. From here, from this perspective, it's not much, it's a waste of time almost! Being there is good enough.

Gosia: Why is it enough?

Swaruu (9): Because you are like an antenna, like a generator of higher frequency and you profoundly affect your 3D surroundings just by existing. You and the other starseeds. You don't have to be doing something great and obviously useful, you are doing a lot just by being there.

Gosia: Well, I always felt it was very important for me to maintain my frequency here. Integrity, transparency, joy, freedom, etc. Perhaps it's part of the mission. To infuse this world with those concepts.

Asket: Yes, that's right.

Swaruu (9): That's why you feel that to be of importance for you!

Gosia: And... how does it work technically, the immersion? How does my soul get to travel here?

Asket: Anéeka please, your turf.

Aneeka: Your body, the one you have now, is a partial interpretation "as best as 3D can interpret" your original 12 strand 24 CR

DNA. And you went into that one because it was the best match to your frequency and you chose it directly, supervising what

you would do and when you would go in, and you also chose the triggers that will start your awakening that happened long before you met us (again).

Gosia: "As best as 3D can interpret your original 12 strand 24 CR DNA". Is it for everyone here the same way? Everyone who is

on Earth?

Anéeka: For all the starseeds that went in the same way you did, yes, but not for all, as some did go in directly from Source and

others are just a part of the Matrix and they are not real people as in people with a soul.

Gosia: But how does my soul get transferred here?

Swaruu (9): Your soul is not there, your soul is in the higher realms, it's only your awareness that is there.

Gosia: Ok. And you said: "You went in to that one because it was the best match to your frequency and you chose it directly".

Mai'ani: Yes, you did, but you based your decision on future projections.

Gosia: Did I know where and who my family would be?

Mai'ani: Yes, you did know. You planned this!

Gosia: Did YOU know?

Mai'ani: We did talk about it, yes. But the important details you alone had to handle. Or else another consciousness, mine in this case, could interfere.

Gosia: Ok, and what did I tell you?

Mai'ani: That you had carefully chosen a good family that would support you enough to be able to have the experience you

wanted. That would also give you a lot of perspective about what you do not want in order to know what you do want. (Not sure

what you meant about that but that's what you said).

Gosia: Perhaps I meant a Catholic upbringing. Small town with no visions of anything.

Swaruu (9): Exactly <----

Gosia: How old am I there?

Mai'ani: 130.

Asket: Older than I (108).

Mai'ani: 45 here.

Anéeka: 21.

Swaruu (9): 17.

Asket: You were on Temmer before, you also taught at the Academy of Flight in Temmer, and you were into deep space

exploration and charting, and stellar navigation, if I remember correctly. Last mission: Boots Void, next to the Dieslientiplex.

Mai'ani: Then Alpha Centauri A and then Earth.

Gosia: Boots Void?

Mai'ani: Yes, a place with almost no stars. That's why it's called void. You are an explorer, you always want to know what's behind everything! It does define you here.

Gosia: But how can I know all this if here I don't understand anything about science, physics, etc.? I am into arts and literature and languages here. Technology is not my strength! Nor is science!

Asket: We talked about this. Listen to Swaruu, please.

Swaruu (9): You are there with a limited memory, and you are using a body that has a split brain into two hemispheres. That's why you feel that math and science is not your thing. But here you blend it all together as you don't have a split brain, you see it all holistically. Math is art, and so is stellar cartography. We navigate ships using frequency, as in numbers. What is a perfectly

Gosia: I do make music here!

Swaruu (9): If you can compose music, you can plot a course for a ship.

coordinated sequence of frequency? It goes by another name: music.

Gosia: Wow. How long have I been on my ship?

Mai'ani: Since 2008, ten years now.

Gosia: But in other places?

Mai'ani: You were like 40 years old when you started. Almost 100 years now on ships.

Gosia: Mai'ani, tell me, please, the most special moment we had together... something emotional for us both. Maybe it will trigger something.

Mai'ani: There are many. When your ship, this ship, lost hydraulic power to move the engines. We were quite helpless, but we both crawled in through a small passage, and we were there inside the engine for almost 20 hours, and we both fixed it. You and

Gosia: Wow, I don't remember anything, Mai'ani!!

Mai'ani: That's sad, your not remembering.

Anéeka: Haha, Mai'ani! Gosia's not remembering, it is meant to be that way!

Gosia: And what is my personality like, please??

Mai'ani: You are very loving and caring, but you are also always looking for your alone time. You are very wise and you talk a lot, yet you always choose your words very carefully. You and Anéeka are the fastest

talkers here, very communicative!

Asket: You are very calm, and a very self-confident person. You are very clear with what you want, you know where to focus your energy! You love reunions, but you do need a lot of alone time. You don't have a family, you are the last of your line here.

Swaruu (9): As your perception is different, so may your overall personality differ. Still you again, though! We don't wish to interfere with your personality as you are, your role.

Gosia: Amazing. Time is almost up. What can you both tell me, Asket and Mai´ani, as an advice before I continue on my 3D "absurdity" here?

Mai'ani: Be yourself. You are Gosia now. When it's all over, it will be a memory. Enjoy your time there as no harm can come upon you. You survive everything there, even if your 3D body does not!

Gosia: Thank you, Mai'ani! Is it your first time you talked to someone from 3D Earth?

Mai'ani: Me? Yes, first time ever today, with you!

Gosia: And how are you feeling? Is it strange? A new experience and adventure, no?

Mai'ani: It is, because I know who you are.

Asket: We are your family now, here, as you have no other. As Mai'ani said, don't fall into fear, as you went in there in total fearlessness. You are taken care of from here, you are never alone.

Gosia: Thank you! Your words ring home to me. I wish soooo much to remember who you all are. And our times together. But I got nothing. I accept my amnesia though, although it hurts my soul. Thank you, all of you, it meant so much to me!

Asket: It was wonderful meeting you (again).