

BLAST FROM THE PAST: BEHIND THE MISSION: ANEEKA - DOWNFALL (PART 2)

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Note from Gosia: To understand the following transcripts, it is recommended to watch the video where I give the complete context.

Anéeka: I had a menace from the Federation. To shut up! And then I have no one to reply to!

Gosia: How did they threaten you exactly?

Anéeka: Just one message, to stop revealing secrets because I had violated the Prime Directive. It was a threat, clear and shot. A warning! To stop giving you, Robert or anyone else information.

Gosia: So will you stop?

Anéeka: Yes of course. (I'm being sarcastic). I will send them to hell!

Gosia: Did they say not to reveal us ANYTHING or just secrets?

Anéeka: Everything, and everything is secrets any way!

Gosia: So any specific plan of action?

Anéeka: Giving away even more secrets! And sharing with everyone the fact that I got threatened!

2021 February

Gosia: How is Anéeka?

Yazhi: She is not ok. DK is covering for her best he can. She cannot manage so much negativity. It has been months of tension because of the Trump thing. She did take the Trump deception a little too personal. I think she has not accepted that it is not up to her to solve Earth's problems.

And she lost all her intelligence contacts (for the better). Lost as it dawned on her that they were all fake or pointless. Left them. She did, but also because the queen said so. It is no longer safe for her to be looking at news or managing the pressure of informing and getting all the flack from trolls, especially when she was working with human things and data.

She was looking at COVID problems all day long. You know that here we are mostly mental. So Anéeka is just about living mentally in the middle of Los Angeles, four blocks away from LAX. So she must move away from Earth problems for her sanity. She is too much into investigating every little detail of why a PCR test is wrong. She must not be on the job all day long, that is not healthy, that's why she gets burned out. She must do more like you, do the job and then go out and live.

Gosia: I know. It does affect me too, trolls and all, but not the same way. And I find balance, things that ground me and bring me back my harmony. So what does she do like that?

Yazhi: That is the problem, because this project has become her life. So now she feels something is missing. But that's not right, because the stress hormones become addictive and that ends up affecting her health badly. She seems like she does not know what to do with herself, but she must remain off grid for now.

Gosia: I know how that feels, I think about ideas for the videos all the time. Major reason why I can't sleep in the morning.

Yazhi: Yes. So we have been talking here about the how to continue so no one gets hurt, especially Anéeka.

Gosia: Don't. Take a break. I, myself, have enough on my plate. So share whenever you feel the need to share something.

Anéeka: The thing is, ultimately, I can no longer be online just for other people's entertainment. And as I was saying to Gosia, being with you guys, even talking about whatever, cats and video games, is part of the whole thing because the ideas and concepts that you two form about me or about us here are passed on to thousands of people. It's not the same as talking to others. I mean, I have to reserve my energy and attention to be here to share the knowledge, not for answering whatever comes up all the time. I have, let's say, 10,000 keystrokes a day. (I don't know how many it really is, but you get my point). So it matters how those 10,000 keystrokes are used. Because contrary to what the experts say, I am not AI.

You see... this conversation will surely be shared by you or influence you to share it with thousands. With others, I've had these conversations and they won't go any further. That's why talking to you is not the same as talking to others. And it's not that it's not worth talking to others or to you for reasons of friendship only. It's just that in my case today, I have to economize my efforts. I have to be very careful about what I do online or I'll collapse.

Seventy-five percent of this project right now is on me. And I like it, and I do it because it's the right thing to do. But I have to take care of myself. And I have a tendency not to take care of myself, and I've been told that ad nauseam here. And that's why I have to, and we have to, economize on not wearing ourselves out with nonsense or unnecessary personal contacts.

Robert: All that remains is for the crew to split into two groups.

Anéeka: I don't know to what extent, but with this timeline business, they already have.

Robert: What a mess. So your mental state isn't the best right now?

Anéeka: Honestly, no. Yes, I am very motivated to continue, that's for sure. But I do feel emotionally drained by this mess here. As Senetre warns me, if I keep doing what hurt me in the first place, the stroke and problem will come back.

Robert: But you don't do what you used to do anymore, right?

Anéeka: Mostly not. And I've reduced my contacts here to the bare minimum. And as for seeing conspiracies and how the COVID agenda is going, I don't follow it anymore. We understand enough already.

January 2022

Swaruu X (Athena): Anéeka is not well. Little by little, the bleeding in her eye is returning. As Yázhi said, you cannot cure something without first removing what caused it.

Gosia: So what else does she have to do to cure it?

Swaruu X (Athena): She must stop looking at the human Matrix, which causes her high blood pressure, work pressure of all kinds, problems on Earth, COVID, resets, betrayals, wars. And, apparently, Senetre is going to operate on her eye, but Anéeka, as a good doctor, is resisting the idea. So, yes, it is better for her to retire to Temmer for at least a few months. But she does not want to. She wants to come back here to continue this with you.

Robert: We have already told her not to come here until she has recovered.

Gosia: So she hasn't made any changes yet? Why is she so stubborn?

Swaruu X (Athena): Yes, she is making changes, but not enough. She should go away for a while and then come back just with you guys but not spend hours and hours talking about COVID. This causes frequency dissonance; basically, it's like living on Earth while having her body here. And it's the food, it's vegan. With that kind of wear and tear, it doesn't nourish her, especially with that body size. But, as you know, Anéeka takes her role of wanting to save humanity or as many 'souls' as she can very seriously. The truth is that it's frustrating, but there's little we can do. And Anéeka is going to come back in, just give her a few days. More so if she has surgery.

Robert: She shouldn't enter.

Swaruu X (Athena): I'll be entering more, that's why there are several of us here. To support each other.

Gosia: Thank you. But I always insist: NOT OUT OF OBLIGATION, please. There is none. Let it flow.

Robert: Yes, there's no need for you to come in.

Swaruu X (Athena): She doesn't feel obligated, she loves you very much.

Gosia: Yes, but sometimes I feel like she feels obligated, something self-imposed. This has to be like best friends who talk to each other when they feel like it. Period.

Swaruu X (Athena): I have other ways of dealing with the pressure and atrocities that are seen happening on Earth. Anéeka is very Taygetan, very sensitive, everything gets to her, everything affects her.

Gosia: Anéeka asked you to train with her, right? We talked about it and agreed that she would do some sport with you.

Swaruu X (Athena): Yes, she told me, but she can't because she has this blood problem in her eye and that prevents her from exercising because it makes it worse. She has to heal first.

Gosia: Well, in this case, the most reasonable thing to do is to have surgery because she can't even exercise, and exercise was one of the things that helped her psychologically.

Robert: She shouldn't come in UNTIL SHE IS 100% RECOVERED.

Gosia: And why is it so important that we win with COVID and all that? I don't think it affects me much. I mean, the fact that we might lose. Or not much. I don't know why. I just do what I do.

Robert: Yes, why is it so important if we are eternal? There are more lives after this one.

Swaruu X (Athena): It has to do with the fact that there is no stable faith, no spiritual foundation, in humanity, and that everyone is divided into worthless religions. So, in their eagerness to find answers, they have turned to science and politicians, who together create a technocracy. So, humans stop seeing the spiritual as important in favour of materialistic and deterministic scientific explanations, where they themselves, the human population, elevate them to the status of new gods. So, what science and the authorities say is the absolute truth. That, combined with their inability to think for themselves, which is part of the root of the problem, caused them all to blindly obey the system.

Gosia: Well, that's it. That's how it is. We do what we can, but we're not going to fight against what's there by sacrificing ourselves.

Swaruu X (Athena): If humans are in 'atheist' mode, believing that this is the only life and that the spiritual doesn't matter, it will cause the material to be what matters, and then they forget the spiritual and ethical foundations necessary to form a healthy society.

Gosia: And why is it so important for them to do that? Why is it so important if we don't win? If everyone reincarnates anyway, all over the place.

Robert: For the Federation, this experience is not even considered real.

Swaruu X (Athena): Seen from above, it doesn't matter, Gosia, as you say. And everything is a test, an examination, for souls. But, as we have said so many times before, from the point of view of the ground, of the people, this is immense genocide.

Gosia: Well, for Anéeka not to be affected too much by all this, maybe she should

look at it from a more expanded perspective? We are inside the Earth itself and it doesn't affect us as much. And there have been many genocides before. It's not the first time. Look what happened to Tiamat. There were always disasters.

Robert: But in this case, they are present here.

Gosia: But so are we.

Swaruu X (Athena): It probably affects you more from the outside, Gosia, that's my theory.

Gosia: Why from the outside?

Swaruu X (Athena): Because you open the door and see people with masks on their faces and little else. But here, we, and especially Anéeka, make up catastrophic scenarios in our minds.

Robert: We're already seasoned, Gosia. From above, you probably see everything differently.

Swaruu X (Athena): Yes, you develop thick skin. We don't have that here.

Gosia: I have moments. Sometimes I feel a lot of compassion, and it affects me, but at the same time, strangely, it does NOT affect me, as if I am completely outside of it, beyond it, as if I don't even see what is happening around me as something tangible or real. But, at the same time, I have a strong passion to fight. It's strange. I fight without feeling very affected. I don't care, but I fight. Haha. I don't understand it myself. Some schizophrenia.

Swaruu X (Athena): That's very good, Gosia, just that Anéeka is not taking it well.

Gosia: But you have already gone through many catastrophic events in the past. I didn't go through any wars, nor do I have any memory of them. And Swaruus did. The Swaruus should also have thicker skin. They have participated in wars directly. Right?

Swaruu X (Athena): Yes, but that's like in books. Not something you see happening in front of you.

Gosia: You don't have direct memory?

Swaruu X (Athena): The Swaruus yes, the Taygetans, apparently, not so much. That's why we endure more, I guess, although Swaruu of Erra already left for that very reason.

Gosia: Well, maybe she has to go home? Because here it seems like she never rests.

Robert: Anéeka has to go back to Temmer.

Swaruu X (Athena): That's what they tell her, but she has nothing and no one to return to. She has no life there; she has it all here on a ship.

Gosia: She has herself. It's like a vacation. It's just for a little while. Emotional

recharge. The problem is that she's stubborn. But I understand her. I would be like that too.

Swaruu X (Athena): Well, yes. She says she can do that from here, rest. Let's see what happens. I have to go cook now.

Robert: Thank you for your time, Tina.

Swaruu X (Athena): See you tomorrow, get some rest. Thank you both.

Gosia: Should we end the disclosure, Anéeka? I always tell you to walk away if your health requires it. Maybe it's better to end it all now if your life is in danger? Would that help?

Robert: Anéeka could die if she keeps this up. I've always said so.

Gosia: So what do we do?

Robert: But Anéeka wants to continue, Gosia.

Gosia: But the same with Swaruu. It wasn't our fault that she wanted to continue and didn't take care of herself. But some there blamed the "disclosure." I don't like this because everyone always assumes responsibility. If I die because of this work, I can't blame this contact for it, or you, Robert. It would be unfair and absurd. I can only blame myself because I am the one who chooses to continue. If I die, I die. I'll be buried, period. No one is going to blame anyone. But I have the impression that some people up there, especially those who don't know us, might do so. When I, and you too, never pressure Anéeka or anyone else to continue. On the contrary. I always tell her she has to stay away. But she doesn't want to. Everyone there needs to know this. Otherwise, we'll have to finish this.

I already told Anéeka, if you keep going like this, I'm even willing to close my account for two weeks or so to get you away from the computer and everything. If Anéeka chooses to continue, or abuse her time online, I don't know what else to say here then.

Robert: So what do we do?

Gosia: Should we stop? It has to be a group decision. The problem is that Anéeka won't want to. On top of it, she'll feel guilty that we're ending everything because of her. It could be worse. Let's see what Anéeka and the others say and what solution can be applied. Maybe just connect once a week?

Anéeka and Athena entering the chat

Anéeka: Hey hey, no one is going to blame you for anything! I'm not that bad. This is more of a wake-up call for me. But everyone here knows that I'm continuing on my own and not because you're forcing me to do anything. I think this project is very important, and not only do I not want to stop, I want to push it further. But to push it further, I need to get rid of unnecessary baggage. Because that baggage doesn't

allow me time to recover. As we've said over and over again.

So I have to let go of practically everyone except you two. And get on with something else of my own, because I've also been told and made to see that I have self-destructive tendencies in that I push myself beyond my limits in order to give "more." But that "more" I give is only to individuals who wear me down. The wear and tear comes from there and not from you; you never pressure me. It's a pleasure to work with you two. So no one is going to blame you for anything.

And I'm not that bad. More than anything, I need to calm down because of my pressure so that my eye doesn't act up again. That means more exercise and more "5D" things and not being on social media for 8 hours a day. Or however many hours. So relax, and... I love you guys.

Robert: I understand, thank you, Anéeka.

Anéeka: For example, what bothers me the most is when I have to be with someone at a set time. Because it's not just the time itself. It's also difficult for me to tell the time from here, so I have to be on the lookout for a long time beforehand. And it prevents me from doing other things. And it all adds up.

Robert: I understand, yes. It's a lot of hours on the Internet, and you have to optimize your resources. For your health.

Anéeka: Yes, exactly, that's all.

Swaruu X (Athena): What are you afraid of?

Anéeka: What do you mean?

Swaruu X (Athena): That your public image will decline?

Anéeka: I accept that, I think so yes.

Swaruu X (Athena): That's the first thing you have to let go of.

Gosia: Okay. Thank you, Anéeka, for explaining. Yes, that's how it has to be. More of your "5D" stuff, less time online, without thinking that you have an obligation to share information (I mean it - let go of this idea!) and let the crew above know that you are continuing because YOU want to do it. The same goes for us. We continue because we want to. But I was also serious about ending it if your health would be at great risk and you continued.

Anéeka: I already made it clear here that I am continuing because I like this project and this work. That is why they scold me for being stubborn and not taking care of myself; they are not criticizing you.

Gosia: Thank you, Anéeka. It is important for me to know this, and for your friends on the ship to know it.

Anéeka: They know. Rather, the criticism here refers to the fact that I don't know how to take care of myself because I have self-destructive tendencies, according to them, like guilt for being here and not down there. Besides, it's not the same talking to you

as with those other two girls.

Gosia: I see. Interesting point. "Because you're up there and not down here." And why is it not the same talking to us? What's the difference? I thought they were like us, your friends, talking and discussing some topics. Just like us.

Anéeka: The constant pressure of being online answering questions about topics that are irrelevant or out of place, like space ponies.

Gosia: Oh, but if you didn't tell them which topics you didn't like, they didn't know. And how do we know if you don't like some topics or questions, we ask you? You have to say if you don't like them.

Swaruu X (Athena): Always say it, express yourself, or everything will bottle up inside you. And then your eye explodes.

Anéeka: Okay, Athena.

Gosia: Precisely. You have to express yourself. You had to say that you didn't like certain topics with them. Because here, too, we won't know if you don't say it.

Robert: You have to speak clearly, Anéeka. Then we dialogue.

Anéeka: I don't know how to explain this. It has to do with trust and closeness with you. The fact that I see clearly what something is for, and that everything flows with you. That's the difference, it's subtle but it makes all the difference. It's not that it's bad to ask questions, that's what I'm here for. But with them I couldn't say, "You know what, I'm feeling really tired." Here, yes, so I'm happy to be with you. That makes all the difference.

Gosia: My point is that I don't want you to be with us the way you were with them and then coming out later that you didn't like something and you didn't express it. Do you know what I mean?

Anéeka: No, no, no, Gosia. NO. You guys are different. I don't feel forced. And since you guys didn't force me, logically you suffered the lack of attention when those two were around because they demanded more of my time online. Besides, the pressure to "look good" to them and not show that I didn't know something was stressful. I saw it as a necessary job and a necessary effort. Unlike here, where it flows.

It's necessary here too, but here with you I take it differently, because it comes naturally to me, and with them I forced myself. That's the difference. And I made an effort there so that the public would see that we weren't just yours. So that the public would see that we are real and not your invention. Now we see things differently. Centralizing everything is best.

Gosia: Okay, Anéeka. Thank you for explaining. But I hope you really don't feel pressured to share anything with us, not even for Robert's lives. Robert, you need to confirm to Anéeka that she has NO obligation. Say it again.

Robert: Anyone with half a brain can see that this isn't something we made up.

Anéeka: It's just that back then, it was important for the public to see that.

Gosia: Robert, please confirm this with Anéeka. That she shouldn't feel any pressure. You have to get this idea out of your head.

Anéeka: But I keep telling you that it's not pressure.

Robert: Yes, you don't have to talk with me to give me information, or for lives. I confirm that.

Swaruu X (Athena): Anéeka can step back more and I'll continue as planned. But then I don't come in because Anéeka monopolizes you guys. It's not that I don't want to help her.

Anéeka: Hehe, thanks. Okay, we'll slow down, but at the same time, I'm then the one who feels the need to come in.

Gosia: Just come in, Anéeka, when YOU feel like it. Don't think about us. We'll be fine. I'm tired of saying it, to everyone.

Anéeka: Okay, Gosia, understood. It's just that I do "feel like it," hehe. I'm not coming in of obligation.

Robert: They won't operate on Anéeka after all, will they?

Swaruu X (Athena): I doubt it, knowing how super stubborn Anéeka is.

Robert: Well, then, she shouldn't confuse Senetre so much. The poor woman is probably swamped with work.

Swaruu X (Athena): Let's see. But I don't blame her for not wanting that operation. Then she should take other measures, such as changing what hurts her or going on vacation.

Robert: Sure. And now Anéeka walks around the ship with a cane? Like blind people?

Swaruu X (Athena): She still has one eye left.

Robert: Oh, okay. So she walks with a patch?

Swaruu X (Athena): No. Just with one eye not working. That eye looks sad. And it's a little cross-eyed because it can't follow images anymore. Yesterday, Anéeka underwent a bunch of clinical tests.

Robert: If her health has worsened, she has to go to Temmer.

Robert: Anéeka, how are you?

Anéeka: Well, thank you, and seriously, Senetre already operated on me. I have a patch over my eye.

Robert: Wow. That was fast. Well, now you need to rest.

Anéeka: Yes. The problem is that this is something complex, cumulative, what I have, and Senetre and I believe that it's not as simple as saying that it happens to me because I'm online. That's why I'm still here today. There are things behind it that we still don't understand, mainly because of my refusal to undergo tests and treatments, until yesterday.

Gosia: I think it's more because of what you see online, perhaps.

Anéeka: Correct. So I have to change those things.

Gosia: And it doesn't hurt?

Anéeka: Yes, it hurts, but less than yesterday before the operation.

Gosia: Okay. Because before you were worried that sometimes it hurts a lot.

Anéeka: Yes, it can hurt a lot, not just the eye, but the other one too, and my head. My head hurts because of problems with my eyes. (Also because of other things, of course).

Robert: Don't you have any painkillers?

Anéeka: Yes, but I don't take them, I control everything with my mind. (Let's see how long I can hold out.) My eye hurt a lot the day before yesterday, and I put a quartz crystal on it to soothe it because it had worked before, but since that quartz crystal is large and rough and heavy, it may have caused the bleeding. As Senetre says, use a quartz crystal, not a rock or a cliff.

Robert: Sure, it pressed your eye.

Anéeka: Yes, and I didn't think about that. But what worries me is that it's a huge loss for me not to be able to be with you and/or give even mild topics.

Robert: Whatever you prefer, Anéeka, but don't feel obligated. You need rest.

Gosia: Oh, forget about it, Anéeka! Forget everything.

Anéeka: Thank you, I'm doing this because I want to, not because I have to, seriously, believe me already!

Gosia: Sometimes I don't believe you 100%, I can't deny it, ha ha ha. I know you like it, but I also know you feel a sense of responsibility. And you shouldn't, and I'm tired of saying it.

Robert: Maybe it's in their mindset, Gosia. Being persistent about something.

Anéeka: Even so, I don't see it as something bad, that responsibility I might feel.

Gosia: I know because I'm the same. But it would only be responsibility towards myself. You don't have to feel responsible towards us. Forget about everything if

you're not feeling well. It's not worth it.

Anéeka: I will still be coming in, but less often, for shorter periods of time, and with other people not anymore for now.

Gosia: And if you can't talk about something because it requires more research, don't stress! Just say, "I can't," or "I don't feel like it." It's simple.

Robert: Exactly. Say no. Period.

Anéeka: I know, no more martyrs. And the Swaruus are helping me. Or they will help me or whatever. This project is also important to them.

Gosia: It's important to me too, but if illnesses start, then no. We've already done a lot. More than enough, perhaps. Take it easy.

Robert: Yes. The seed has already been sown.

Anéeka: And Gosia, you're already having problems. Your mysterious postural pain, perhaps, and your eyes, like mine.

Gosia: Yes, but for now they're gone. But if I had serious illnesses, I would also take it easier. Maybe, hehe.

Anéeka: See? That's my point. This job has become my world. It's important to me.

Gosia: Yes, it's hard to disconnect from this mysterious "commitment" to this project. Yes, I know, Anéeka.

Anéeka: So you understand me.

Gosia: I understand you 100%.

Robert: Losing health is a heavy blow.

Anéeka: Yes, and it seems that you've defended yourself very well thanks to your discipline with exercise, which relieves your stress.

Gosia: I just don't want anyone up there to get an idea that you're getting sick because of us.

Anéeka: It's not because of you. It's part of the problem and how hard this job can be sometimes, but it's not your fault. Everyone here knows that, it's not just my opinion, everyone knows it, even Nai'Shara. And Alenym too, who keeps a close eye on us all the time with her finger on the "abort" button.

Gosia: It's good that she keeps an eye on you. I like that. Because if "abort" is necessary, then "abort" is done.

Robert: Exercise and meditation, clearing my mind when I run, helps me. And I get nourishment from the forest.

Anéeka: Yes, yes, that heals you. Note that my eye problem started when I stopped

cycling regularly.

Robert: You need to disconnect, Anéeka. You need to do other things that will make you forget all this.

Anéeka: Yes, and that's what I'll do.

Gosia: Good. And from here on, we should stop talking about things that bother you. So no COVID, no difficult questions, just ET topics that you like to explain and are super easy.

Robert: No graphene or building electromagnetic pulse devices. Let's move on to something else.

Anéeka: But it's difficult for me because there are things to share. That's why I'm telling you that I'll be coming in less, but I will still be coming.

Gosia: OK. Whenever you feel like it.

Anéeka: It's also my fault for not being able to say no to certain questions. I feel like it's against me or us if I don't answer them, as if I don't know the answers. And that's true, there's a lot I don't know or can't know. But I feel like we look bad if we don't have all the answers <<<<

Gosia: That's the difference here. We don't see anything wrong with not knowing something, so for me, when I pass on any questions from subscribers, or whoever, they are all the same to me, because if you don't know the answers, you don't know. It's simple for me and no problem. You shouldn't feel bad because you don't know something.

Anéeka: I say this because in my other group of contacts, one person asked me for medical help with their child. It's not that simple. I can't give remote consultations because if something bad happens, it will be not only my fault but also yours.

Robert: You have to know how to stand your ground and say that you're not answering any of this. This is not Lourdes.

Anéeka: Well, with you I have told you that I don't know something, but it's because I trust you. Thank you, Robert. And yes, I have told them the truth, that I can't give remote consultations because I can't see all the data, and if something goes wrong, we'll all be in trouble, starting with you two.

Gosia: That's right! Good.

Anéeka: I have to disconnect now. If I could, I would give you both a big hug right now!

Robert: Is Anéeka still sick?

Swaruu X (Athena): She is in very poor health and clearly feels better since we shared with her the meat given to us by the Urmah. Although she has had surgery,

she suffers from headaches around her eye. She also feels weak and has low energy levels. She has severe migraines that can only be relieved with acupressure and energy therapy (device).

Robert: And why doesn't she return to Taygeta with the Saska ship?

Swaruu X (Athena): She's stubborn. I already told them here yesterday that DK, Nai'Shara, and Anéeka should return to Taygeta.

Robert: The same thing will happen to her as to Swaruu.

Swaruu X (Athena): It's clear that it's going there, especially if she keeps up with her work and staying online and watching COVID stuff and all that. Besides, there's technology that allows you to connect from Taygeta. Coordinating schedules is almost impossible because of the time slip, but if she logs on casually and she feels well, the conversation can flow because it's through muons.

Robert: Yes. But it's better not to bring the problem to Taygeta.

Swaruu X (Athena): Well, that too. Sophia and I can handle this disclosure from now on.

Robert: Don't give this whole disclosure thing too much thought.

Robert: Anéeka, how are you feeling after your surgery?

Anéeka: The bleeding has returned. And as Yázhi said, it's psychosomatic. In fact, all illnesses are, only here it's more obvious and faster, I suppose. So I have no choice but to stay away from computers and especially from what comes out of them in terms of conspiracies, COVID, and trolls.

Gosia: You mean stay away more, right? Because you already had to stay away.

Robert: Yes. What brings you here, Anéeka?

Anéeka: Seeing Gaia, saying hello. Reporting on the division of labour with regard to our work, which we agreed on here on this side. I mean, at the moment I can't be here much or share much. That's why I passed the "leadership," if there is such a thing, on to Tina.

Gosia: Yes, we know Athena is in charge. Don't worry. But it's worrying about the eye again.

Anéeka: Yes, especially because the procedure or operation is not pleasant at all and I don't want to go through that again.

Robert: Why don't you go to Temmer for a while?

Gosia: Exactly. And don't say you don't have anyone there. What does that matter? You'll rest! You're going to be in nature, with yourself, in peace. Without talking.

Anéeka: I don't want to, I'll be fine here.

Gosia: But you're not fine. So something's not working.

Anéeka: It's because I'm always on the lookout for satanic conspiracies, and I also feel like it's some kind of revenge from the system, the Matrix, or whatever you want to call it. And I have nothing to do there, I have no family, no friends, everything is here for me, my whole world is on board Toleka.

Gosia: But it's like when you go on vacation. Nobody says, "I'm not going to Hawaii because I have my life in Barcelona, or wherever." If everyone thought like you, nobody would travel anywhere, haha. They leave their world specifically for that reason, to rest.

Anéeka: On vacation, yes, maybe. But it's no fun alone. I don't know. I'll think about it.

Gosia: I think it would be good for you. Nature is healing. The wind, sun, sand, etc.

Robert: It's the only way to disconnect from all this.

Gosia: While you are here, even if you are not online, you are close to all Earthly matters. They are in the air.

Anéeka: Yes, the thing is that all these negative issues I'm seeing are an entity, or like an entity. Not like a ghost or a negative being per se, but like a destructive idea that gets into your mind causing you to have recurring thoughts that undermine your health. It's a kind of astral parasitism. It is said that this in itself is an entity.

I just wanted to mention that we've said here that we have to shield Tina from trolls. We need her in her Swaruu bubble, even though she knows how to take care of herself. Just the fact that she shares her photos with the public has us biting our nails here.

Gosia: I don't see trolls or talk about trolls. I don't know about them, Anéeka. So no problem.

Robert: Don't pay attention to trolls. No major channel will attack us; they don't have the guts. Small trolls are inevitable; they're the lice of the internet.

Gosia: I don't care about small or large ones.

And that thing about entities... that's why you have to go to Temmer, Anéeka! Don't be stubborn. I think you all have it there... in a sense. Just by being inside the terrestrial soup. So getting away from it is the ideal way to recover. You're not going to die of boredom there because you're not with your friends for a week. Stop making excuses, haha.

Anéeka: Undoubtedly, and we all have it in one way or another. It's the influence of collective thinking, and it gets in here through the ship's shields because it comes in through the Internet, but I insist that it's not a "thing" but a set of Matrix ideas-values, because all our attention is there for a long time.

Robert: The Matrix values. So you have to get a change of scenery. Spend some time in Temmer and if you want, come back to Toleka.

Gosia: Temmer, Temmer, Temmer!

Anéeka: In any case, I would have to wait for the resupply ship to arrive.

Gosia: When is that?

Anéeka: It arrives every two months, and it arrived in January, so the next resupply is in March.

Gosia: That's a month and a half away. It's not long. And when would you return?

Anéeka: In another two months.

Gosia: Sounds perfect.

Anéeka: Except for the time slip... that's about two weeks in Temmer, two useful weeks.

But yes, the terrestrial Matrix makes us sick. Even so, you go on with the resistance, and you can do a lot with that personal resistance and with your group of friends, because a person is the average of the content they incorporate into their being, the average of what they read, hear, and perceive as information, mainly coming from their closest circle of friends. But then that means you have to be careful who you talk to and who you associate with. So what do you expect from me if I spend years talking to treacherous pig spies, believing what they say?

And again, this connects us to Athena. We need her immersed in her Swaruunian bubble so she can connect with high densities and protect herself and give positive subjects as an antenna for and to Earth. And I need to cleanse myself of all that evil influence.

Gosia: Very well. But again, no pressure on her. Let her do what flows for her.

Robert: Yes... and not look at the Internet.

Gosia: Athena should protect herself and you soon to the beach.

Robert: Look at Gosia, she's very happy with Bongo.

Anéeka: That's what it's all about, being happy.

Gosia: And super tired too. I don't sleep many hours. And you have to play with her a lot.

Anéeka: She's just a baby, she'll grow up.

Gosia: Yes, okay, Anéeka, disconnect now!

Anéeka: Yes. I love you both very much.

Robert: Us too.

Anéeka: I'm still around and keeping an eye on things, just not as much online as before.

Gosia: Same here, Anéeka. Don't worry. Beach time soon.

Anéeka: Already in March.

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Yazhi: No easy way to say this, Anee's health problems are very bad and she preferred not to get any treatment for too long. It was her choice. As of today, Raguel stands down as leader of Hashmallim. As they say here, the only one to blame for this is Anee herself. I make this clear.

Gosia: I don't know what to say. I am angry at her. For doing this to herself and everyone around her. She should have left long ago. It's even selfish to want to continue to stay putting the whole crew through this. The crew doesn't deserve this. She could have easily healed herself just going back.

Yazhi: Many people are angry at her, including myself for the very same reasons you are. And now she is messing with the efficiency of all the ship, as you said, and this has been going on for months now.

Gosia: I do love her, it has nothing to do with that. But we gotta be realistic. When a soldier is wounded, he must get off the battlefield. This is war here. It didn't need to get to this point.

Yazhi: Anéeka is unconscious and in intensive care. She has been down spiralling for months now. Saying that she is "OK". I can no longer keep this from you guys.

Gosia: Why would you want to keep this from us at all?

Yazhi: Because it hurts and because I also expected her to get better. I don't like telling you guys this kind of bad news. That's why I wasn't online much.

Gosia: You don't need to come online at all if you don't feel like it. Remember, there is no pressure here ever. Just be with her, with others. Whatever you need to do. And I prefer to know than not to know. So thanks for telling me. Is she in the pod now or where?

Yazhi: Yes, in a dry med pod, yes. Can't use a wet one. She has to be stable first. I must go now, but I'll be online a bit every day, even if it's only a bit. I hate it that I cannot concentrate on work with this going on.

Gosia: Oh gosh, don't worry about it, but thank you. Come only if you can. Attend to her now, and your friends. Thank you for coming in and informing.

Yazhi: I wonder if her current state has anything to do with Anna being here.

Gosia: In what sense?

Yazhi: As if for some cosmic reason they cannot share the same space.

Gosia: Like it was with you and Swaruu?

Yazhi: No, I feel this is different. She is not as damaged and she is human. Taygetans are very delicate. Humans are very tough. Immune to everything, including hardship and life stress and struggles.

Gosia: She should have been sent to Temmer long ago. I mean, ORDERED. Not just advised. I am angry it didn't happen.

Yazhi: Yes. Me too, many people are too.

Gosia: Why didn't it? I mean, orders are orders, no?

Yazhi: You know Taygetans don't like orders.

Gosia: But still, you don't have orders?

Yazhi: Yes but Anee is stubborn even against her wellbeing.

Gosia: Please ask Alenym (in case anything happens to Anéeka). Ask her how we should proceed about our work. We will follow the recommendations.

Yazhi: Ok I will. I must ask you this in return, Alenym will ask me this, to ask you: Do you and Robert want to continue?

Gosia: You see... I worry that if I say yes, they will feel that this is continued for me, or because of me. And this must always be a group decision. I won't continue if any of you don't want to. But if you ask me personally, yes I would continue. But not against the desires of the whole team and yours.

Yazhi: Ok I will. I want to continue, you do too, what about Robert?

Gosia: He does. Not as much as me maybe... he could be extracted tomorrow and happy, but for sure he does. It's just... with Anéeka in such bad condition, they may not want us to continue as if nothing was happening. Please ask them up there.

Yazhi: Ok I will.