

## AKASHIC RECORDS - SWARUU OF ERRA (TAYGETA - PLEIADES)

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Robert: I don't think we have ever touched on the subject, or if we have touched on it, it has been very superficial. What can you tell us about the Akashic Records?

Swaruu (9): Let's see, just by name and as they have been described, it is not quite like that. It is being able to mentally access all existing information, because in and of itself, being connected to Source, you can know everything if you know how to ask correctly.

It is to be compatible in frequency with the answer. It is a form of channeling. It is to empty the mind of all that is mental garbage, to silence the monkey, in order to listen to the answer. To leave, in meditation, only the concept, without words, of the question or what the question is. To erase everything else, leaving the mind empty. In itself, you always have connection to the information of the Ether, of the Source, because a soul is that, the Source, the signal of the Source. You already have the answer because it is part of you, you just have to get it out in the way described above. In short, empty the mind in deep meditation, leaving only the concept of the question.

It has been said that it is like a library, many have seen it that way, but that is only a personal manifestation of the person who is accessing the records. Because a library is the clearest idea of what a place full of detailed and ordered information in a contained form is, but another race might see it as a room full of holographic computers, or a room full of quartz.

Robert: A question. But when someone claims to be accessing the Akashic Records, which timeline are they going to access them, because there are so many... Is it the timeline that is in frequency concordance with the person who is accessing those records? And obviously those records have to be actual facts? Let me explain: You cannot access the Akashic Records, for example, of Jesus Christ.

Swaruu (9): They would be accessing any timeline. From the Ether, there would be no difficulty to access any of them, it doesn't matter. Yes, whichever one is in accordance with the frequency of the question. They can access the records, and then by their own influence attribute it to Jesus Christ or whoever, that's why people channel saints.

Robert: But, depending on a timeline, the results would be different. So, a person is accessing what vibrates with him or her, what that person wants to access.

Swaruu (9): It is their reality. They manifest it that way and where the information comes from. It is all in the quantum field, in the Ether, in the Source. But more than pulling it from the timeline, it's from the frequency of thought. If you truly empty the mind, you are as it were in the Ether and receptive to everything. If you are truly in or with the empty mind.

Robert: So, in a way, we can all access the Akashic Records and each of us, by right

and vibration, would have different answers. Ok, clear mind, which is almost impossible in this artificial 3D.

Swaruu (9): Yes, each person would have different answers, because they also have different personal frequencies, who they are as energy. And if two or more people see the same thing in the records, then they will say yes they are true, because the other person or persons are corroborating it. But this is only because of the agreements they already had, agreements of perception. That is to say that those persons, or group, with the same result are influencing what the Source, what the records, give them, because in itself there is no absolute truth, only relative.

Robert: Okay, so accessing the Ether depends on the vibrational frequency of each person. Since the Ether is the Source, the integration, correct?

Swaruu (9): The Ether is where everything comes from and everything is part of the Ether, but the truth that you take out of the Ether, the information and its nature, will depend on the frequency of perception of each person. And also take into account that you keep filtering all the information that comes to you with your own thoughts, perception agreements and personal frequency.

Yes, Ether is Source, as the name of Source interpreted as potential energy.

Robert: Right. So someone accessing the Akashic Records would really be a person who would never pass judgment, because everything would be integrated, right?

Swaruu (9): Ideally, yes.

Robert: Not making any value judgments, unbiased in accessing those records, that's how you will be more pure.

Swaruu (9): Yes. As part of emptying the mind completely.

Robert: Exactly, to empty the mind is to empty yourself of prejudices and preconceived ideas, right?

Swaruu (9): The emptier the mind is, the more reliable the information will be, because it does not get distorted by the ideas of the observer. Yes, and of all thoughts also, in deep meditation.

Robert: Exactly, if you already have a preconceived idea of something, you will never get anything clear from the Akashic Records, you will only bring confusion and duality. You have to access pure, right? Without evil, but at the same time integrating everything, the good and the bad, in order to merge with the Source.

Swaruu (9): Yes.

Robert: How can we reach deep meditation? You have to be very balanced, I imagine, in addition to practice.

Swaruu (9): Use traditional techniques if they work for you. Then take away what doesn't suit you. It shouldn't or doesn't have to be the same way for everyone. For example, the lotus position is not very good because you don't have good circulation in your legs. Also, use something that isolates you sensorially, like meditation music,

with something constant, repetitive, headphones help a lot. In a place where you are not disturbed or you are not anticipating anything to come. No rush, because if you drift away, you lose the sensation of time.

So you must have the determination to disappear from the world for as long as necessary. Doing it daily confers more and more practice. Do not obsess over the thoughts that arise. If you resist them, you will have more of them. Let them flow without having any preconceptions about them.

You're like sitting in a park, you're either there thinking or you're not. A brown dog walks by on the park path, he's trotting in a hurry, a silver collar with a green pendant, he's got a happy face and his tongue out, you just watch him walk by and that's it. It's just a dog, it's not yours, you make no judgment, you just watch the dog go by. That's a thought. Another dog will come, you will see it pass by just the same. Observe the thought as you observe the dog and its tongue out and its expression of being happy. You are the one watching the dog, you are not the dog, you are not your thoughts. Soon you will know that that is a dog and it will bother you less and less when it passes.

The mind is there to take care of you, so that you don't lose the feeling of taking care of yourself, and looking after your body for pure survival. It doesn't matter anymore, you are perfectly safe. Let yourself go. If you fall asleep, then you fall asleep because you needed it, that is also good for you. Just meditate as you feel more comfortable, but meditate.

Robert: Yes, also, I imagine you have to be someone very receptive to then tell what you saw when you accessed the records.

Swaruu (9): This is also channeling, same principle. First you master meditation, then you channel, then you can do it without losing the knowledge.

Robert: That would be the principle of channeling, meditation first. Very good.

Swaruu (9): Multitasking, you can be working with something mechanical and your mind can be meditating and accessing the information sent to you by whoever or whatever. You don't need to be in meditation to access the Akashic Records or to channel, it can be done even among other people without them realizing it. That is what I do all the time.